

# 1 CATAGORIES, BIRTH YEAR AND MAXIMUM DISTANCES IN 2005

The limits of your own federation apply next to those of the KNZB federation.

## **Miniors**

|              |           |           |       |
|--------------|-----------|-----------|-------|
| <u>Boys</u>  | miniors 1 | 1999/1998 | 250m  |
|              | miniors 2 | 1997      | 250m  |
|              | miniors 3 | 1996      | 250m  |
| <u>Boys</u>  | miniors 4 | 1995      | 500m  |
|              | miniors 5 | 1994      | 500m  |
|              | miniors 6 | 1993      | 1500m |
| <u>Girls</u> | miniors 1 | 1999/1998 | 250m  |
|              | miniors 2 | 1997      | 250m  |
|              | miniors 3 | 1996      | 250m  |
| <u>Girls</u> | miniors 4 | 1995      | 500m  |
|              | miniors 5 | 1994      | 500m  |
|              | miniors 6 | 1993      | 1500m |

## **Juniors in 2005**

|              |           |      |           |
|--------------|-----------|------|-----------|
| <u>Boysj</u> | juniors 1 | 1992 | 3000m     |
|              | juniors 2 | 1991 | 3000m     |
| <u>Boys</u>  | juniors 3 | 1990 | 10000m    |
|              | juniors 4 | 1989 | no limits |
| <u>Girls</u> | juniors 1 | 1992 | 3000m     |
|              | juniors 2 | 1991 | 3000m     |

## **Youth in 2005**

|              |         |      |           |
|--------------|---------|------|-----------|
| <u>Men</u>   | youth 1 | 1988 | no limits |
|              | youth 2 | 1987 | no limits |
| <u>Women</u> | youth 1 | 1990 | 10000m    |
|              | youth 2 | 1989 | no limits |

## **Seniors in 2005**

|              |          |                 |           |
|--------------|----------|-----------------|-----------|
| <u>Men</u>   | seniors  | 1986 and before | no limits |
| <u>Women</u> | seniors/ | 1988 and before | no limits |

## **Masters in 2005**

|     |                 |               |                     |
|-----|-----------------|---------------|---------------------|
| 25+ | 1976 to 1980    | 5km as Master | no limits as senior |
| 30+ | 1971 to 1975    | 5km as Master | no limits as senior |
| 35+ | 1966 to 1970    | 5km as Master | no limits as senior |
| 40+ | 1961 to 1965    | 5km as Master | no limits as senior |
| 45+ | 1956 to 1960    | 5km as Master | no limits as senior |
| 50+ | 1951 to 1955    | 5km as Master | no limits as senior |
| 55+ | 1946 to 1950    | 5km as Master | no limits as senior |
| 60+ | 1941 to 1945    | 5km as Master | no limits as senior |
| 65+ | 1936 to 1940    | 5km as Master | no limits as senior |
| 70+ | 1931 to 1935    | 5km as Master | no limits as senior |
| 75+ | 1926 to 1930    | 5km as Master | no limits as senior |
| 80+ | 1925 and before | 5km as Master | no limits as senior |

## 2 EVENTS IN THE NETHERLANDS IN 2005

### 2.1 3rd Open Water Event - Kanaal van Steenenhoek PCG Gorinchem

|                          |                                                                                             |
|--------------------------|---------------------------------------------------------------------------------------------|
| Event date               | Saturday 11 June 2005                                                                       |
| Event location           | Kanaal van Steenenhoek,<br>Gorinchem, Nieuwe Wolpmense dijk<br>straight course of 750 meter |
| Length/shape             |                                                                                             |
| Closing entries          | Saturday 4 June 24:00                                                                       |
| Entry fee                | € 5,00                                                                                      |
| Contact for organisation | Don Konijnenberg<br>Herman Gorterstraat 5<br>4207RC Gorinchem                               |
| Phone                    | +31183 64 72 91                                                                             |
| Phone during event       | +316 547 300 86                                                                             |
| E-mail                   | <a href="mailto:langebaan@pcg-gorinchem.nl">langebaan@pcg-gorinchem.nl</a>                  |
| Website                  | <a href="http://www.pcg-gorinchem.nl">www.pcg-gorinchem.nl</a>                              |



| programme                                                                 | start time |
|---------------------------------------------------------------------------|------------|
| 1 a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                      | 11:00      |
| 2 a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                    | 11:10      |
| 3 a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                     | 11:30      |
| 4 500m breaststroke girls juniors 1 and 2                                 | 11:40      |
| 5 /6 500m freestyle boys/girls juniors 4, 5 and 6                         | 11:50      |
| 7 /8 250m freestyle boys/girls juniors 1,2 and 3                          | 12:00      |
| 9 3000m freestyle men youth and seniors                                   | 12:20      |
| 10 3000m freestyle women youth and seniors                                | 12:50      |
| 11 a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                  | 13:25      |
| 12 a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                | 13:35      |
| 13 1000m recreational event                                               | 14:00      |
| 14 500m recreational event                                                | 14:05      |
| 15 250m recreational event (6 & 7 years under supervision of swimmer 18+) | 14:10      |
| 16 1000m freestyle men youth and seniors                                  | 14:50      |
| 17 1000m freestyle women youth and seniors                                | 15:00      |
| 18 a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                      | 15:10      |
| 19 1000m freestyle girls juniors 1 and 2                                  | 15:20      |
| 20 2000m breaststroke men youth and seniors                               | 15:30      |
| 21 2000m breaststroke women youth and seniors                             | 15:40      |



© 1999 Andes VSP Eindhoven

## 2.2 Twenterand Kanaalrace, Vriezenveen

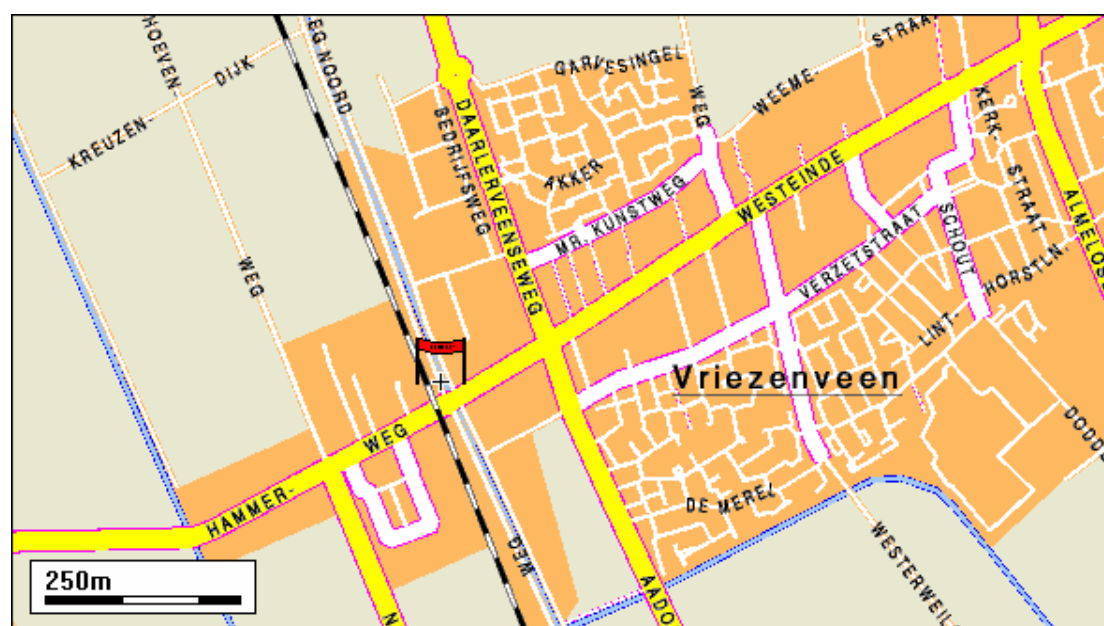
|                              |                                                                                              |
|------------------------------|----------------------------------------------------------------------------------------------|
| Event date                   | Saturday 18 June 2005                                                                        |
| Event location               | Kanaal Almelo-De Haandrik -                                                                  |
| Organisation                 | Stichting Twenterand Kanaalrace                                                              |
| Length/shape                 | Nagenoeg straight line of 5000m                                                              |
| Sluiting inschrijving        | Monday 13 June om 20.00                                                                      |
| Entry fee/recreational event | € 5,00                                                                                       |
| Entry fee 10 km              | € 7,00 (relay: € 5,00 per deelnemer)                                                         |
| Borgsom stoffen cap          | € 5,00 per stuk                                                                              |
| Contact informatie           | Henk Zomer,<br>Westerhoevenweg 2<br>7671 SB VRIEZENVEEN<br>+31546 56 75 67                   |
| Phone                        | Bert Bos,<br>Wilgenstraat 31,<br>7611 AD AADORP<br>+31546 86 21 83                           |
| Entries event                |                                                                                              |
| Phone                        |                                                                                              |
| E-mail                       | <a href="mailto:Kanaalrace@wanadoo.nl">Kanaalrace@wanadoo.nl</a>                             |
| Phone during event           | +316-44 194 200 òr +316-414 988 15                                                           |
| Website                      | <a href="http://www.scarabee-software.nl/kanaalrace">www.scarabee-software.nl/kanaalrace</a> |



# 10 jaar Kanaalrace



| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| 1 a/b 10000m freestyle men youth and seniors                                                | 13.30      |
| 2 a/b 10000m freestyle women youth and seniors                                              | 13.30      |
| 3 10000m freestyle <b>race</b> -relay m/d/j/h/mixed                                         | 13.30      |
| 4 10000m freestyle <b>recreational</b> -relay m/d/j/h/mixed                                 | 13.35      |
| 5 a/b 2000m breaststroke men youth and seniors                                              | 13.45      |
| 6 a/b 2000m breaststroke women youth and seniors                                            | 13.50      |
| 7 a/b 1000m breaststroke boys juniors 1 and 2, 3 and 4                                      | 14.00      |
| 8 1000m breaststroke girls juniors 1 and 2                                                  | 14.10      |
| 9 a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                        | 14.20      |
| 10 a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                     | 14.30      |
| 11 /12 500m freestyle boys/girls minors 4, 5 and 6                                          | 14.40      |
| 13 /14 250m freestyle boys/girls minors 1, 2 and 3                                          | 15.00      |
| 15 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 15.10      |
| 16 500m recreational event 9 years and older                                                | 15.20      |
| 17 1000m recreational event 12 years and older                                              | 15.30      |
| 18 a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                    | 15.50      |
| 19 a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                  | 16.00      |
| 20 a/b 1000m freestyle men youth and seniors                                                | 16.20      |
| 21 a/b 1000m freestyle women youth and seniors                                              | 16.30      |
| 22 1500m freestyle boys juniors 1 and 2, 3 and 4                                            | 16.40      |
| 23 1500m freestyle girls juniors 1 and 2                                                    | 16.50      |
| 24 a/b 3000m freestyle men youth and seniors                                                | 17.20      |
| 25 a/b 3000m freestyle women youth and seniors                                              | 17.30      |
| 26 3 x 250m relay, freestyle, breaststroke, freestyle, voor mixed                           | 18.00      |



## 2.3 Open Water Event Rapido '82

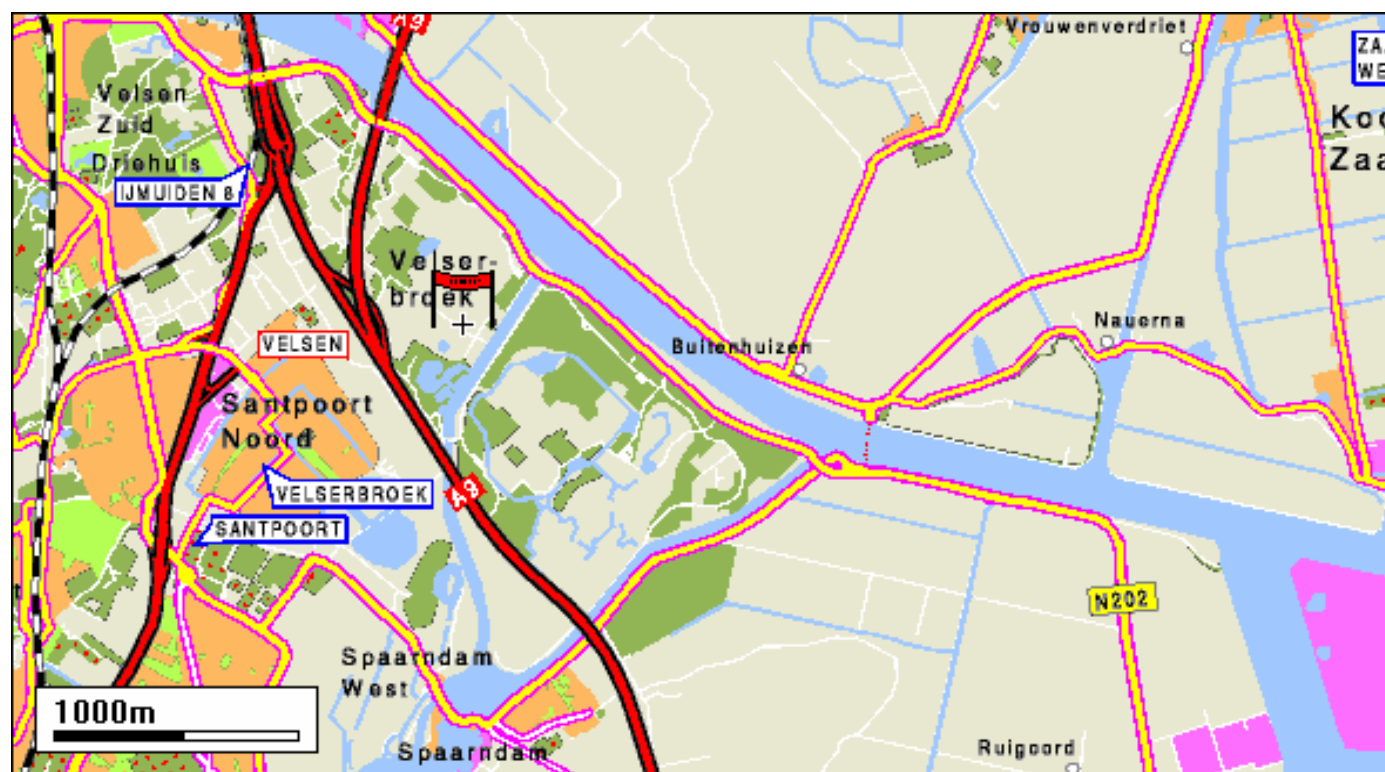
**Event date** Sunday 19 June 2005  
**Event location** Kanobaan Spaarnwoude  
**Organisation** Rapido '82, Haarlem.  
**Length/shape** straight course of 1000 meter  
**Closing entries** Tuesday 14 June 2005, 20.00.  
**Entry fee** € 5,00 (€ 8,00 voor de 5 km's)  
**Contact for organisation** Mw. C.A. Smid-de Witte

**Phone (geen Entries event)**  
**Fax**  
**E-mail**  
**Home-page**

Rossinistraat 79  
 1962 PB Heemskerk  
 (+31251) 23 08 68  
 (+31251) 20 12 14  
[smid.j@12move.nl](mailto:smid.j@12move.nl)  
[www.rapido82.nl](http://www.rapido82.nl)



| programme |                                                                                          | start time |
|-----------|------------------------------------------------------------------------------------------|------------|
|           | assembly of jurors                                                                       | 09.00      |
| 1         | 5000m freestyle men youth and seniors                                                    | 10.00      |
| 2         | 5000m freestyle women youth and seniors                                                  | 10.10      |
| 3 a/b     | 500m breaststroke boys juniors 1 and 2, 3 and 4                                          | 11.30      |
| 4 a       | 500m breaststroke girls juniors 1 and 2                                                  | 11.45      |
| 4 b       | 500m breaststroke girls youth 1 and 2                                                    | 11.50      |
| 5         | 2000m breaststroke men youth and seniors                                                 | 12.00      |
| 6         | 2000m breaststroke women youth and seniors                                               | 12.10      |
| 7         | 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 13.00      |
| 8 a/d     | 1000m freestyle Masters men (25+, 35+, 45+, 55+)                                         | 13.15      |
| 9 a/d     | 1000m freestyle Masters women (25+, 35+, 45+, 55+)                                       | 13.20      |
| 10 a/b    | 1000m freestyle boys juniors 1 and 2, 3 and 4                                            | 13.40      |
| 11        | 1000m freestyle girls juniors 1 and 2                                                    | 14.00      |
| 12        | 500m freestyle boys minors 4, 5 and 6                                                    | 14.20      |
| 13        | 500m freestyle girls minors 4, 5 and 6                                                   | 14.30      |
| 14        | 2000m freestyle men youth and seniors                                                    | 14.40      |
| 15        | 2000m freestyle women youth and seniors                                                  | 15.00      |
| 16 a/d    | 1000m breaststroke Masters men (25+, 35+, 45+, 55+)                                      | 15.20      |
| 17 a/d    | 1000m breaststroke Masters women (25+, 35+, 45+, 55+)                                    | 15.25      |
| 18        | 1000m recreational event 12 years and older                                              | 16.00      |



© 1999 Andes VSP Eindhoven

## 2.4 Long distance event Noord-West Overijssel at Scheerwolde

|                          |                                                                                       |
|--------------------------|---------------------------------------------------------------------------------------|
| Event date               | Saturday 25 June 2005                                                                 |
| Event location           | Steenwijkerdiep at Scheerwolde                                                        |
| Organisation             | 't Tolhekke, Deltasteur, Steenwijk '34,<br>Zignea, ZV Zwartsluis                      |
| Length/shape             | 1250m in a straight line                                                              |
| Closing entries          | Sunday 19 June 2005 at 24.00                                                          |
| Entry fee                | € 5,00                                                                                |
| Entry fee relay          | € 6,00 per team                                                                       |
| Contact for organisation | Heidi Huizinga-Boerma<br>Karel Doormanweg 60a<br>8309 PD TOLLEBEEK<br>+31527 68 56 83 |
| Phone                    | +31527 68 56 83                                                                       |
| E-mail                   | <a href="mailto:heidi.huizinga@planet.nl">heidi.huizinga@planet.nl</a>                |
| Information              | +31527 685683                                                                         |
| Information              | +316 51 19 04 69                                                                      |
| Phone during event       | +316 51 19 04 69                                                                      |

# lange baan

N.W.OVERIJSSSEL

ZWEMMEN

| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| 1 a/b 5000m freestyle men youth and seniors                                                 | 11.00      |
| 2 a/b 5000m freestyle women youth and seniors                                               | 11.10      |
| 3 a/b 2500m breaststroke men youth and seniors*                                             | 12.00      |
| 4 a/b 2500m breaststroke women youth and seniors*                                           | 12.05      |
| 5 a/b 1500m freestyle boys juniors 1 and 2, 3 and 4                                         | 12.30      |
| 6 1500m freestyle girls juniors 1 and 2                                                     | 12.40      |
| 7 a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                        | 12.50      |
| 8 a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                      | 13.00      |
| 9 500m freestyle boys minors 4, 5 and 6                                                     | 13.20      |
| 10 500m freestyle girls minors 4, 5 and 6                                                   | 13.20      |
| 11 500m recreational event girls/boys/women/men 9 years and older                           | 13.30      |
| 12 250m freestyle boys minors 1, 2 and 3                                                    | 13.50      |
| 13 250m freestyle girls minors 1, 2 and 3                                                   | 13.50      |
| 14 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 14.00      |
| 15 a/b 1000m breaststroke boys juniors 1 and 2, 3 and 4                                     | 14.10      |
| 16 1000m breaststroke girls juniors 1 and 2                                                 | 14.20      |
| 17 a/b 1000m freestyle men youth and seniors                                                | 14.30      |
| 18 a/b 1000m freestyle women youth and seniors                                              | 14.40      |
| 19 a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                    | 14.50      |
| 20 a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                  | 15.00      |
| 21 2000m recreational event girls/boys/women/men 15 years and older                         | 15.10      |
| 22 1000m recreational event girls/boys/women/men 12 years and older                         | 15.20      |
| 23 a/b 2500m freestyle men youth and seniors                                                | 15.30      |
| 24 a/b 2500m freestyle women youth and seniors                                              | 15.40      |
| 25 4 x 250m freestyle relay girls/women/boys/men/mixed                                      | 16.30      |



© 1999 Andes VSP Eindhoven

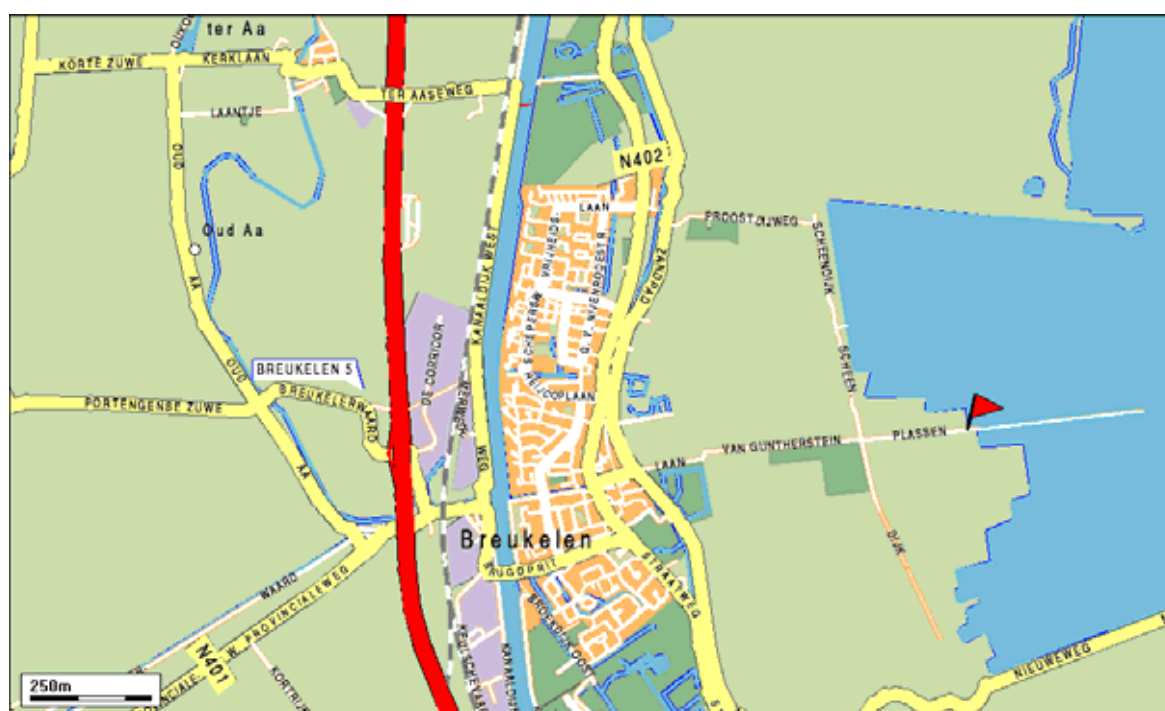


## 2.5 Open Water Event Breukelen

|                                 |                                                                                                                                                             |
|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Event date</b>               | Sunday 26 June 2005                                                                                                                                         |
| <b>Event location</b>           | "De Meent" at Breukelen                                                                                                                                     |
| <b>Organisation</b>             | Z.V. Utrecht                                                                                                                                                |
| <b>Length/shape</b>             | straight course of 500m                                                                                                                                     |
| <b>Closing entries</b>          | Monday 20 June 2005                                                                                                                                         |
| <b>Entry fee</b>                | € 5,00                                                                                                                                                      |
| <b>Contact for organisation</b> | A.J. Bosvelt-Ponsen<br>Bogotadreef 13,<br>3563 GP UTRECHT<br>+3130 26 22 647<br><a href="mailto:ajbosvelt@hetnet.nl">ajbosvelt@hetnet.nl</a>                |
| <b>Phone</b>                    | +3130 26 22 647                                                                                                                                             |
| <b>E-mail (informatie)</b>      | <a href="mailto:ajbosvelt@hetnet.nl">ajbosvelt@hetnet.nl</a>                                                                                                |
| <b>Phone during event</b>       | +31346 26 13 92                                                                                                                                             |
| <b>Entries event</b>            | J.D. van Ditmarsch<br>Houstondreef 4,<br>3564 KL Utrecht<br>+3130 26 24 931<br><a href="mailto:joopvanditmarsch@tiscali.nl">joopvanditmarsch@tiscali.nl</a> |
| <b>Phone</b>                    | +3130 26 24 931                                                                                                                                             |
| <b>E-mail (Entries event)</b>   | <a href="mailto:joopvanditmarsch@tiscali.nl">joopvanditmarsch@tiscali.nl</a>                                                                                |



| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| assembly of jurors                                                                          | 9.30       |
| 1 a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                     | 10.30      |
| 2 a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                   | 10.35      |
| 3 250m freestyle boys minors 1, 2 and 3                                                     | 11.00      |
| 4 250m freestyle girls minors 1, 2 and 3                                                    | 11.05      |
| 5 500m freestyle boys minors 4, 5 and 6                                                     | 11.10      |
| 6 500m freestyle girls minors 4, 5 and 6                                                    | 11.15      |
| 7 a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                         | 11.40      |
| 8 1000m freestyle girls juniors 1 and 2,                                                    | 11.50      |
| 9 1000m freestyle men seniors                                                               | 12.30      |
| 10 1000m freestyle women seniors                                                            | 12.40      |
| 11 a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                       | 12.55      |
| 12 a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                     | 13.05      |
| 13 a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                      | 13.25      |
| 14 500m breaststroke girls juniors 1 and 2                                                  | 13.30      |
| victory ceremony programme numbers 1 to 10                                                  |            |
| 15 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 13.45      |
| 16 500m recreational event 9 years and older                                                | 14.00      |
| 17 2000m breaststroke men youth and seniors                                                 | 14.15      |
| 18 2000m breaststroke women youth and seniors                                               | 14.45      |
| 19 2000m freestyle men youth and seniors                                                    | 15.15      |
| 20 2000m freestyle women youth and seniors                                                  | 15.35      |
| 21 1000m recreational event 12 years and older                                              | 16.25      |
| victory ceremony programme numbers 11 to 14 and 17 to 20                                    | 16.40      |



© 2003 Andes VSP Eindhoven

## 2.6 Long Distance Swim Sluis

|                          |                                                                                                                                                                                                                                                                                                                                                  |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event date               | Saturday 2 July 2005                                                                                                                                                                                                                                                                                                                             |
| Event location           | Kanaal Hoeke-Sluis                                                                                                                                                                                                                                                                                                                               |
| Organisation             | Stichting Open Water Zwemmen<br>Zeeuwsch - Vlaanderen                                                                                                                                                                                                                                                                                            |
| Length/shape             | 1500m with curves                                                                                                                                                                                                                                                                                                                                |
| Closing entries          | Saturday 25 June 2005                                                                                                                                                                                                                                                                                                                            |
| Entry fee                | € 5,00                                                                                                                                                                                                                                                                                                                                           |
| Contact for organisation | Caren den Dekker<br>Banckertlaan 3,<br>4511 XJ BRESKENS<br>+31117 38 27 58<br>+316 27 09 67 90<br>Adrie Vinke<br>+31117 38 20 46<br><a href="mailto:carend@zeelandnet.nl">carend@zeelandnet.nl</a><br><a href="mailto:aavinke@zeelandnet.nl">aavinke@zeelandnet.nl</a><br><a href="mailto:pboekhorst@zeelandnet.nl">pboekhorst@zeelandnet.nl</a> |
| Phone                    |                                                                                                                                                                                                                                                                                                                                                  |
| Phone during event       |                                                                                                                                                                                                                                                                                                                                                  |
| 2nd contact              |                                                                                                                                                                                                                                                                                                                                                  |
| Phone                    |                                                                                                                                                                                                                                                                                                                                                  |
| E-mail                   |                                                                                                                                                                                                                                                                                                                                                  |
| Entries event            |                                                                                                                                                                                                                                                                                                                                                  |

## Stichting Open Water Zwemmen Zeeuwsch - Vlaanderen



| programme |                                                                                              | start time | klassement |
|-----------|----------------------------------------------------------------------------------------------|------------|------------|
|           | Official reception in the historic town hall and belfort for participants, jurors and guests | 09.45      |            |
| 1         | a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                           | 11.30      | M-vsh      |
| 2         | a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                         | 11.35      | M-vsd      |
| 3         | a/b 500m breaststroke boys juniors 1, 2 and 3, 4                                             | 12.00      | ssjj       |
| 4         | 500m breaststroke girls juniors 1 and 2                                                      | 12.05      | ssjm       |
| 5         | 3000m freestyle men youth and seniors                                                        | 12.15      | vsh/j      |
| 6         | 3000m freestyle women youth and seniors                                                      | 12.20      | vsd/j      |
| 7         | 500m freestyle boys juniors 4, 5 and 6                                                       | 13.15      |            |
| 8         | 500m freestyle girls juniors 4, 5 and 6                                                      | 13.20      |            |
| 9         | a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                        | 13.30      | M-ssh      |
| 10        | a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                      | 13.35      | M-ssd      |
| 11        | a/b 1000m freestyle boys juniors 1,2 and 3, 4                                                | 14.00      | vsjj       |
| 12        | 1000m freestyle girls juniors 1 and 2                                                        | 14.05      | vsjm       |
| 13        | 250m freestyle boys juniors 1, 2 and 3                                                       | 14.30      |            |
| 14        | 250m freestyle girls juniors 1, 2 and 3                                                      | 14.35      |            |
| 15        | 3000m breaststroke men youth and seniors                                                     | 14.45      | ssh/j      |
| 16        | 3000m breaststroke women youth and seniors                                                   | 14.50      | ssd/j      |
|           | Victory ceremony                                                                             | 16.30      |            |



© 1999 Andes VSP Eindhoven

## 2.7 Vlaanderen Marathon, Sluis

|                          |                                                                                                                                                                                                                                                                                                                                                |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event date               | Sunday 3 July 2005                                                                                                                                                                                                                                                                                                                             |
| Event location           | Kanaal Hoeke-Sluis                                                                                                                                                                                                                                                                                                                             |
| Organisation             | Stichting Open Water Zwemmen<br>Zeeuwsch - Vlaanderen                                                                                                                                                                                                                                                                                          |
| Length/shape             | 2000m with curves                                                                                                                                                                                                                                                                                                                              |
| Closing entries          | Saturday 25 June 2005                                                                                                                                                                                                                                                                                                                          |
| Entry fee                | € 7,50                                                                                                                                                                                                                                                                                                                                         |
| Contact for organisation | Caren den Dekker<br>Banckertlaan 3,<br>4511 XJ BRESKENS<br>+31117 38 27 58<br>+316 27 09 67 90<br>Adrie Vinke<br>+31117 38 20 46<br><a href="mailto:caren@zeelandnet.nl">caren@zeelandnet.nl</a><br><a href="mailto:aavinke@zeelandnet.nl">aavinke@zeelandnet.nl</a><br><a href="mailto:pboekhorst@zeelandnet.nl">pboekhorst@zeelandnet.nl</a> |
| Phone                    |                                                                                                                                                                                                                                                                                                                                                |
| Phone during event       |                                                                                                                                                                                                                                                                                                                                                |
| Bij geen gehoor          |                                                                                                                                                                                                                                                                                                                                                |
| Phone                    |                                                                                                                                                                                                                                                                                                                                                |
| E-mail                   |                                                                                                                                                                                                                                                                                                                                                |
| Entries event            |                                                                                                                                                                                                                                                                                                                                                |

## Stichting Open Water Zwemmen Zeeuwsch - Vlaanderen



| programme                                     | start time |
|-----------------------------------------------|------------|
| briefing and security instructions 10000m     | 11.00      |
| 1. 10000m freestyle men youth and seniors     | 11.30      |
| 2. 10000m freestyle women youth and seniors   | 11.30      |
| 3. 5000m freestyle men youth and seniors      | 12.00      |
| 4. 5000m freestyle women youth and seniors    | 12.00      |
| 5. 5000m breaststroke men youth and seniors   | 12.05      |
| 6. 5000m breaststroke women youth and seniors | 12.05      |
| victory ceremony in detown hall and Belfort   | 17.00      |



© 1999 Andes VSP Eindhoven



## 2.8 Langebaan Bodegraven

|                              |                                                                       |
|------------------------------|-----------------------------------------------------------------------|
| Event date                   | Sunday 3 July 2005                                                    |
| Event location               | Oude Rijn tussen de brug in het centrum<br>and de brug in Nieuwerbrug |
| Organisation                 | Dexxon BZ&PC, Bodegraven                                              |
| Length/shape short distances | straight course of 500m                                               |
| Length/shape 5 km            | 2500m met krommingen                                                  |
| Closing entries              | Tuesday 28 June 2005                                                  |
| Entry fee                    | € 5,00                                                                |
| Entry fee 5 km per start     | € 8,00                                                                |
| Contact organisation         | Rob Lina<br>Hooijerdijk 39<br>2411 ZT BODEGRAVEN                      |
| Phone                        | +31172-61-68-48                                                       |
| Phone during event           | +316-207-630-60                                                       |
| E-mail                       | <a href="mailto:r.lina@tiscali.nl">r.lina@tiscali.nl</a>              |
| Home-page                    | <a href="http://www.bzpc-bodegraven.nl">www.bzpc-bodegraven.nl</a>    |



| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| Assembly of jurors                                                                          | 10.30      |
| 1. a/b 5000m freestyle men youth and seniors                                                | 12.00      |
| 2. a/b 5000m freestyle women youth and seniors                                              | 12.10      |
| 3. 500m freestyle boys minors 4, 5 and 6                                                    | 12.15      |
| 4. 500m freestyle girls minors 4, 5 and 6                                                   | 12.20      |
| 5. a/b 2000m breaststroke men youth and seniors                                             | 13.00      |
| 6. a/b 2000m breaststroke women youth and seniors                                           | 13.10      |
| 7. 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 14.00      |
| 8. a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                      | 14.40      |
| 9. 500m breaststroke girls juniors 1 and 2                                                  | 14.45      |
| 10. a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                      | 14.55      |
| 11. a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                    | 15.00      |
| 12. 250m freestyle boys minors 1, 2 and 3                                                   | 15.20      |
| 13. 250m freestyle girls minors 1, 2 and 3                                                  | 15.25      |
| Victory ceremony                                                                            |            |
| 14. a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                       | 15.45      |
| 15. 1000m freestyle girls juniors 1 and 2                                                   | 15.55      |
| 16. a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                   | 16.15      |
| 17. a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                 | 16.25      |
| 18. 1000m recreational event 12 years and older                                             | 16.45      |
| 19. a/b 2000m freestyle men youth and seniors                                               | 17.05      |
| 20. a/b 2000m freestyle women youth and seniors                                             | 17.10      |
| Victory ceremony                                                                            |            |



© 2002 Andes VSP Eindhoven

## 2.9 De Harense Smid

|                                 |                                                                         |
|---------------------------------|-------------------------------------------------------------------------|
| <b>Event date</b>               | Saturday 9 July 2005                                                    |
| <b>Event location</b>           | Geffense Plas, Oss                                                      |
| <b>Organising teams</b>         | OZ&PC Arethusa, Oss                                                     |
| <b>Length/shape</b>             | straight line of 500 meter                                              |
| <b>Closing entries</b>          | Tuesday 5 July 2005, 20.00                                              |
| <b>Entry fee</b>                | € 3,80 (add entry to terrein)                                           |
| <b>Contact for organisation</b> | Tom Pijl<br>Jagerspad 10<br>5343 XE OSS<br>(0412) 63 05 34, 19.00-23.00 |
| <b>Phone</b>                    |                                                                         |
| <b>E-mail</b>                   | <a href="mailto:Langebaan@arethusa.nl">Langebaan@arethusa.nl</a>        |
| <b>Website</b>                  | <a href="http://www.arethusa.nl">http://www.arethusa.nl</a>             |



| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| 1 a/b 2500m freestyle men youth and seniors                                                 | 11.00      |
| 2 a/b 2500m freestyle women youth and seniors                                               | 11.35      |
| 3 a/b 2000m breaststroke men youth and seniors                                              | 12.10      |
| 4 a/b 2000m breaststroke women youth and seniors                                            | 12.20      |
| 5 500m freestyle boys miniors 4, 5 and 6                                                    | 12.50      |
| 6 500m freestyle girls miniors 4, 5 and 6                                                   | 13.00      |
| 7 a/b 1000m freestyle boys juniors 1 and 2,3 and 4                                          | 13.10      |
| 8 1000m freestyle girls juniors 1 and 2                                                     | 13.20      |
| 9 a/b 1000m freestyle men youth and seniors                                                 | 13.30      |
| 10 a/b 1000m freestyle women youth and seniors                                              | 13.40      |
| 11 a/d 1000m breaststroke men masters 25+, 35+, 45+, 55+                                    | 14.00      |
| 12 a/d 1000m breaststroke women masters 25+, 35+, 45+, 55+                                  | 14.10      |
| 13 250m freestyle boys miniors 1, 2 and 3                                                   | 14.30      |
| 14 250m freestyle girls miniors 1, 2 and 3                                                  | 14.35      |
| 15 a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                      | 14.45      |
| 16 500m breaststroke girls juniors 1 and 2                                                  | 14.55      |
| 17 a/b 1000m breaststroke men youth and seniors                                             | 15.10      |
| 18 a/b 1000m breaststroke women youth and seniors                                           | 15.20      |
| 19 a/d 1000m freestyle men masters 25+, 35+, 45+, 55+                                       | 15.30      |
| 20 a/d 1000m freestyle women masters 25+, 35+, 45+, 55+                                     | 15.40      |
| 21 500m back stroke men                                                                     | 15.50      |
| 22 500m back stroke women                                                                   | 15.55      |
| 23 500m recreational event 9 years and older                                                | 16.05      |
| 24 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 16.05      |
| 25 1000m recreational event 12 years and older                                              | 16.05      |
| Victory ceremony                                                                            | 16.15      |
| <b>rem</b> Prize money of € 50,- for winners in programme numbers 1, 2, 3 and 4.            |            |



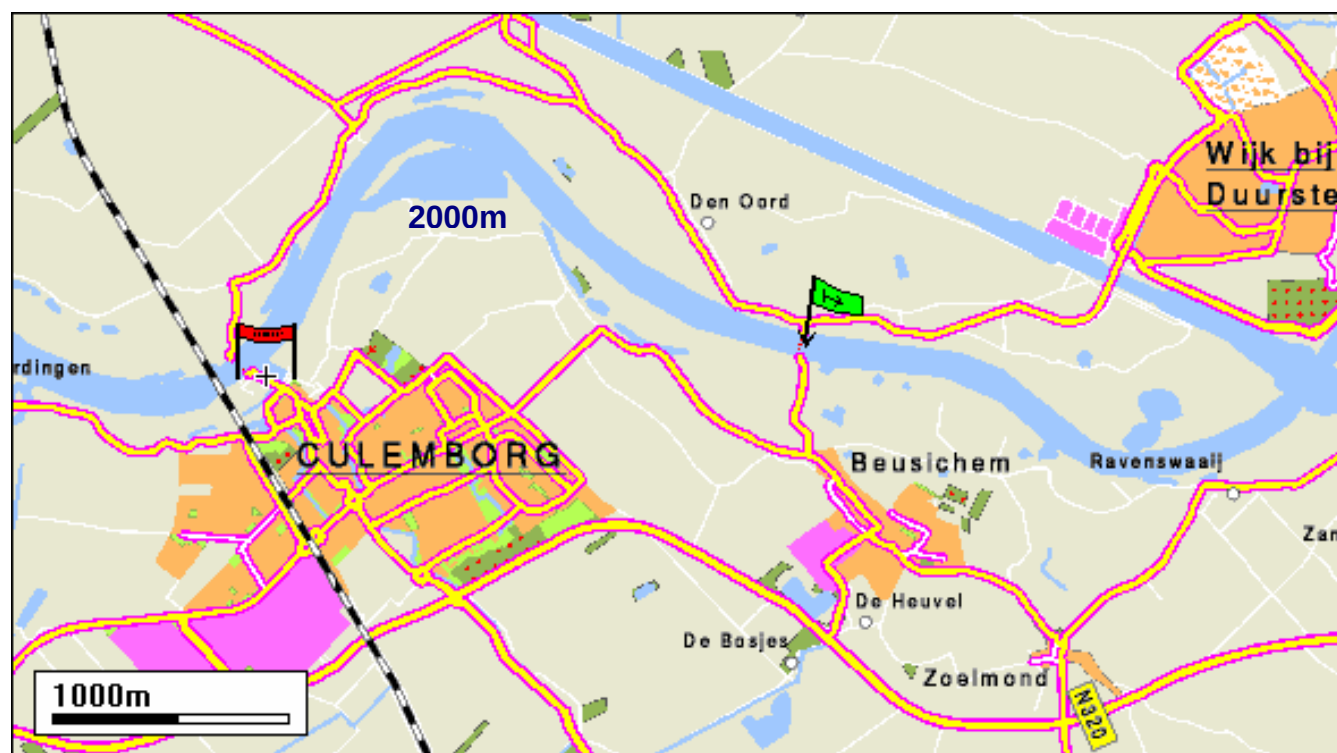
© 1999 Andes VSP Eindhoven

## 2.10 Lektocht Beusichem-Culemborg

|                                 |                                                                                                                                                  |
|---------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Event date</b>               | Sunday 10 July 2005                                                                                                                              |
| <b>Event location</b>           | The river Lek,<br>between Beusichem and Culemborg                                                                                                |
| <b>Organisation</b>             | Stichting Zwemwedstrijd Beusichem -<br>Culemborg, (ZC'90, zv. De Meer,<br>Triton Scouting, wsv de Helling and de<br>Culemborgse Reddingsbrigade) |
| <b>Length/shape</b>             | 6000m and 2000m met bocht(en) and<br>(mogelijk) stroming mee                                                                                     |
| <b>Closing entries</b>          | Wednesday 6 July 2005 23.00                                                                                                                      |
| <b>Entry fee 6 km event</b>     | € 12,50                                                                                                                                          |
| <b>Entry fee 2 km event</b>     | € 8,00                                                                                                                                           |
| <b>Contact for organisation</b> | Arie and René Lemstra<br>Achter 't Zand 30<br>4103 XP CULEMBORG<br>0345-514248                                                                   |
| <b>Phone</b>                    | 0345-514248                                                                                                                                      |
| <b>E-mail</b>                   | <a href="mailto:lektocht@tiscali.nl">lektocht@tiscali.nl</a>                                                                                     |
| <b>2nd contactr</b>             | Gerard van der Hijden                                                                                                                            |
| <b>Phone</b>                    | 0345-512122                                                                                                                                      |
| <b>Phone during event</b>       | 06-23649554                                                                                                                                      |
| <b>Website</b>                  | <a href="http://www.zc90.nl/lektocht">www.zc90.nl/lektocht</a>                                                                                   |



| programme |                                                                         | start time |
|-----------|-------------------------------------------------------------------------|------------|
|           | Briefing 6000m in the Veerhuis at Beusichem                             | 10.30      |
| 1         | 6000m freestyle men youth and seniors                                   | 11.30      |
| 2         | 6000m freestyle women youth and seniors                                 | 11.30      |
| 3 a/b     | 2000m freestyle boys juniors 1 and 2, 3 and 4                           | 14.30      |
| 4         | 2000m freestyle girls juniors 1 and 2                                   | 14.35      |
| 5         | 2000m breaststroke men youth and seniors                                | 14.45      |
| 6         | 2000m breaststroke women youth and seniors                              | 14.50      |
| 7         | 2000m recreational event 15 year and older (from 13 years with licence) | 15.00      |
|           | Victory ceremony                                                        | 16.15      |
| rem       | Prize money is dependant upon enties.                                   |            |



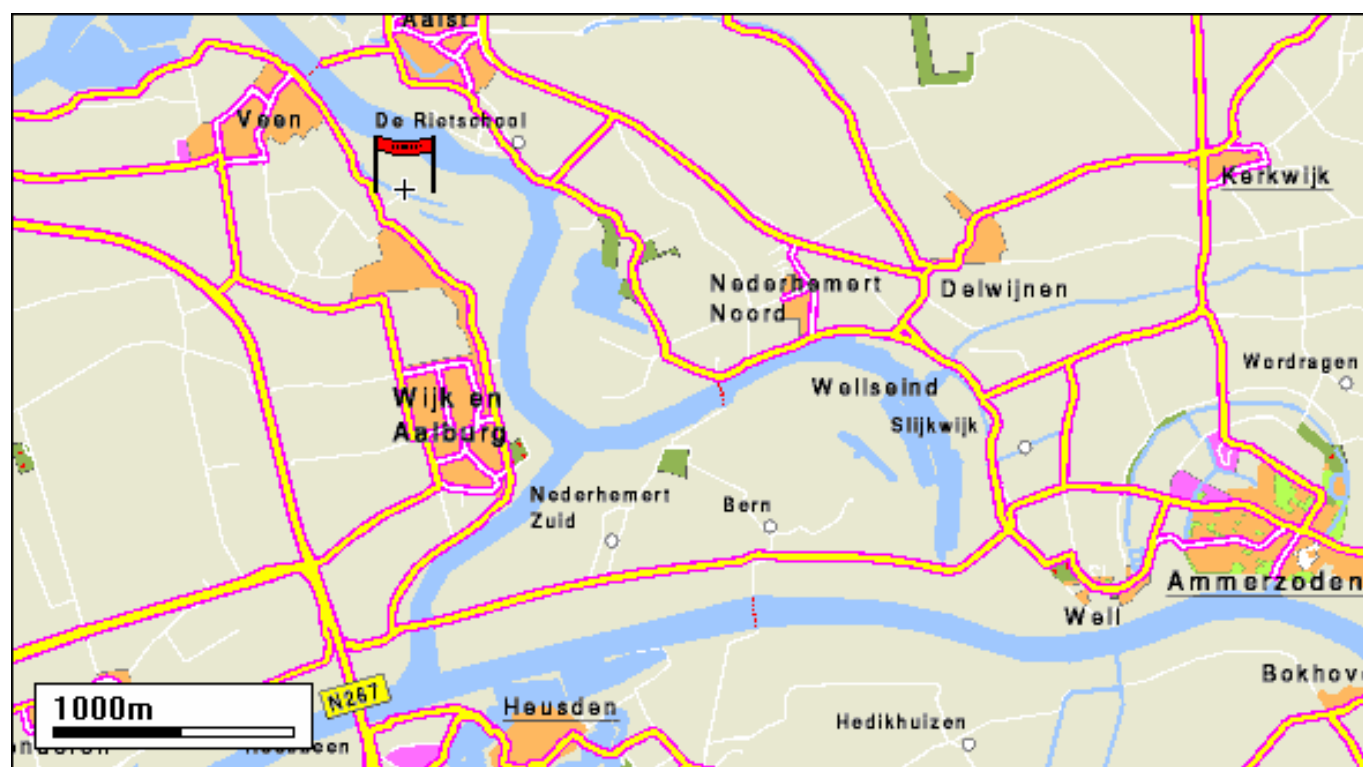
© 1999 Andes VSP Eindhoven

## 2.11 “De Doornotters”/BOER Speeltoestellen

|                                     |                                                                               |
|-------------------------------------|-------------------------------------------------------------------------------|
| <b>Event date</b>                   | saturday 16 July 2005                                                         |
| <b>Event location</b>               | Afgedamde Maas bij Wijk and Aalburg                                           |
| <b>Organisation</b>                 | Stichting De Doornotters                                                      |
| <b>Length/shape</b>                 | straight line of 750 meter                                                    |
| <b>Closing entries</b>              | Monday 11 July 2005 at 22.00                                                  |
| <b>Entry fee</b>                    | € 5,00                                                                        |
| <b>Entry fee recreational event</b> | € 3,00                                                                        |
| <b>Contact for organisation</b>     | John and Annemieke Verschoor<br>Nicolaas stellingwerf 33<br>4254 ET SLEEUWIJK |
| <b>Phone</b>                        | (+31183) 30 28 64<br>(+316) 22 792 599 (b.g.g.)                               |
| <b>Phone during event</b>           | (+316) 22 792 599                                                             |
| <b>E-mail</b>                       | <a href="mailto:Ja.verschoor@hetnet.nl">Ja.verschoor@hetnet.nl</a>            |



| programme                                                                                    | start time |
|----------------------------------------------------------------------------------------------|------------|
| 1. 3000m freestyle men youth and seniors                                                     | 10.30      |
| 2. 3000m freestyle women youth and seniors                                                   | 10.35      |
| 3. 2000m breaststroke men youth and seniors                                                  | 11.30      |
| 4. 2000m breaststroke women and seniors                                                      | 11.35      |
| 5. a/b 1000m freestyle boys juniors 1 and 2, ,3 and 4                                        | 12.05      |
| 6. 1000m freestyle girls juniors 1 and 2                                                     | 12.10      |
| 7. a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                        | 12.30      |
| 8. a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                      | 12.35      |
| 9. 500m freestyle boys juniors 4,5 and 6                                                     | 13.00      |
| 10. 500m freestyle girls juniors 4,5 and 6                                                   | 13.10      |
| 11. 250m freestyle boys and girls juniors 1,2 and 3                                          | 13.20      |
| 12. 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 13.30      |
| 13. 500m recreational event 9 years and older                                                | 13.35      |
| 14. a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                      | 14.00      |
| 15. 500m breaststroke girls juniors 1 and 2                                                  | 14.05      |
| 16. a/d 1000m breaststroke Masters men 25+,35+,45+,55+                                       | 14.20      |
| 17. a/d 1000m breaststroke Masters women 25+,35+,45+,55+                                     | 14.25      |
| 18. 1000m freestyle men youth and seniors                                                    | 14.45      |
| 19. 1000m freestyle women youth and seniors                                                  | 14.50      |
| 20. a/c 3 x 250m freestyle relay women/men/mixed                                             | 15.15      |
| 21. 1000m recreational event 12 years and older                                              | 15.30      |



© 1999 Andes VSP Eindhoven

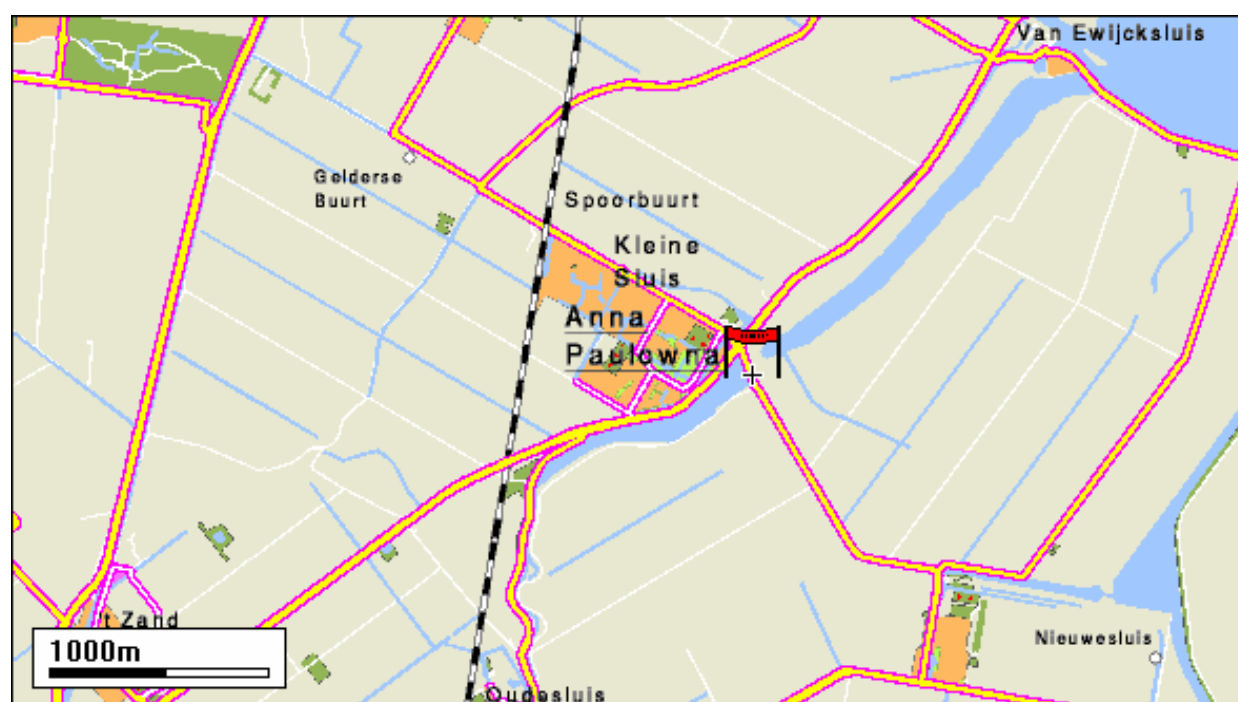


## 2.12 Long Distance event "Oude Veer"

|                                |                                                                                                                                                                                                                                            |
|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event date                     | Saturday 23 July 2005                                                                                                                                                                                                                      |
| Event location                 | Jachthaven Oude Veer,<br>Anna Paulowna                                                                                                                                                                                                     |
| Organisation                   | Oude Veer, Anna Paulowna                                                                                                                                                                                                                   |
| Length/shape                   | straight line of 750 meter                                                                                                                                                                                                                 |
| Closing entries                | Tuesday 19 July 2005 at 20:00                                                                                                                                                                                                              |
| Entry fee                      | € 5.00                                                                                                                                                                                                                                     |
| Entry fee recreational event   | € 2.50                                                                                                                                                                                                                                     |
| Contact for organisation       | D.J. Wajon<br>C.R. Waiboerstraat 9<br>1761 CK ANNA PAULOWNA<br>+31223 53 19 00<br>+31223 53 23 66<br>+316 454 88 424<br>T. Olthof<br>+31223 53 30 48<br><a href="mailto:oudeveer.langebaan@poboxes.com">oudeveer.langebaan@poboxes.com</a> |
| Phone (niet voor inschrijving) |                                                                                                                                                                                                                                            |
| Telefax                        |                                                                                                                                                                                                                                            |
| Phone during event             |                                                                                                                                                                                                                                            |
| 2nd contact                    |                                                                                                                                                                                                                                            |
| Phone (not for entries)        |                                                                                                                                                                                                                                            |
| E-mail                         |                                                                                                                                                                                                                                            |
| Entry                          | via e-mail, telefax or post                                                                                                                                                                                                                |



| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| 1 a/b 500m freestyle boys/girls minors 4, 5 and 6                                           | 11.00      |
| 2 a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                         | 11.15      |
| 3 1000m freestyle girls juniors 1 and 2                                                     | 11.25      |
| 4 a/d 1000m freestyle Masters men 25+; 35+; 45+ and 55+                                     | 11.45      |
| 5 a/d 1000m freestyle Masters women 25+; 35+; 45+ and 55+                                   | 11.50      |
| 6 a/b 1000m breaststroke boys juniors 1 and 2, 3 and 4                                      | 12.10      |
| 7 1000m breaststroke girls juniors 1 and 2                                                  | 12.20      |
| 8 1500m freestyle men youth and seniors                                                     | 12.40      |
| 9 1500m freestyle women youth and seniors                                                   | 12.50      |
| 10 a/b 250m freestyle boys/girls minors 1, 2 and 3                                          | 13.10      |
| 11 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 13.20      |
| 12 3000m breaststroke men youth and seniors                                                 | 13.40      |
| 13 3000m breaststroke women youth and seniors                                               | 14.10      |
| 14 500m recreational event 9 years and older                                                | 14.40      |
| 15 3000m freestyle men youth and seniors                                                    | 15.10      |
| 16 3000m freestyle women youth and seniors                                                  | 15.40      |
| 17 a/d 1000m breaststroke Masters men 25+; 35+; 45+ and 55+                                 | 16.10      |
| 18 a/d 1000m breaststroke Masters women 25+; 35+; 45+ and 55+                               | 16.15      |
| 19 1000m recreational event 12 years and older                                              | 16.25      |
| rem Victory ceremonybetween starts                                                          |            |



© 1999 Andes VSP Eindhoven



## 2.13 7th Open Water Event Geestmerambacht

|                                     |                                                                                                                                      |
|-------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| <b>Event date</b>                   | Saturday 24 July 2005                                                                                                                |
| <b>Event location</b>               | Recreatiegebied Geestmerambacht                                                                                                      |
| <b>Organisation</b>                 | DAW-FINENZO, Alkmaar                                                                                                                 |
| <b>Lenth/shape</b>                  | Straihtg line of 500m                                                                                                                |
| <b>Closing entries</b>              | Tuesday 19 juli 2005 at 20.00                                                                                                        |
| <b>Entry fee</b>                    | € 5,00                                                                                                                               |
| <b>Entry fee relay</b>              | € 6,00                                                                                                                               |
| <b>Entry fee recreational event</b> | € 2,50                                                                                                                               |
| <b>Contact organisation</b>         | Ilona Hogerheyde<br>Liszstraat 3<br>1817HH ALKMAAR<br><a href="mailto:OpenWaterAlkmaar@versatel.nl">OpenWaterAlkmaar@versatel.nl</a> |
| <b>E-mail</b>                       |                                                                                                                                      |
| <b>Phone</b>                        | +3172 511 44 57                                                                                                                      |
| <b>Phone</b>                        | René de Boer 072-5128620                                                                                                             |
| <b>Web-site DAW-FINENZO</b>         | <a href="http://www.daw-finenzo.nl/">http://www.daw-finenzo.nl/</a>                                                                  |
| <b>Phone during event</b>           | +316 425 789 65                                                                                                                      |



| programme |                                                                                          | start time |
|-----------|------------------------------------------------------------------------------------------|------------|
| 1         | 2000m breaststroke men youth and seniors                                                 | 11.00      |
| 2         | 2000m breaststroke women youth and seniors                                               | 11.20      |
| 3         | 500m freestyle boys minors 4, 5 and 6                                                    | 11.50      |
| 4         | 500m freestyle girls minors 4, 5 and 6                                                   | 12.00      |
| 5 a/b     | 1000m freestyle boys juniors 1 and 2, 3 and 4                                            | 12.15      |
| 6         | 1000m freestyle girls juniors 1 and 2                                                    | 12.25      |
| 7 a/d     | 1000m freestyle Masters men 25+, 35+, 45+ and 55+                                        | 12.45      |
| 8 a/d     | 1000m freestyle Masters women 25+, 35+, 45+ and 55+                                      | 13.00      |
| 9         | 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 13.15      |
| 10        | 1000m freestyle men youth and seniors                                                    | 13.30      |
| 11        | 1000m freestyle women youth and seniors                                                  | 13.40      |
| 12 a/d    | 1000m breaststroke masters men 25+, 35+, 45+ and 55+                                     | 14.00      |
| 13 a/d    | 1000m breaststroke masters women 25+, 35+, 45+ and 55+                                   | 14.10      |
| 14        | 2000m freestyle men youth and seniors                                                    | 14.35      |
| 15        | 2000m freestyle women youth and seniors                                                  | 14.55      |
| 16 a/b    | 500m breaststroke boys juniors 1 and 2, 3 and 4                                          | 15.20      |
| 17        | 500m breaststroke girls juniors 1 and 2                                                  | 15.30      |
| 18        | 500m team time trial breaststroke                                                        | 15.45      |
| 19        | 1000m recreational event 12 years and older                                              | 16.00      |
|           | victory ceremony                                                                         | 16.15      |



© 1999 Andes VSP Eindhoven

## 2.14 Open Dutch National Championships

|                                   |                                                                                                 |
|-----------------------------------|-------------------------------------------------------------------------------------------------|
| Event date                        | Saturday 30 July 2005                                                                           |
| Event location                    | IJsselmeer ter hoogte van v.v. Hollandia, Julianapark te Hoorn                                  |
| Organisation                      | Stichting O.W.Z. Ter Rede van Hoorn (Z.V.Hoorn-Aurik) and KNZB                                  |
| Length/shape                      | straight course of 500m, voor de 5km 1000m                                                      |
| Closing entries ONK               | <b>Wednesday 20 juli, 12.00</b><br><b>aanmelden via de KNZB</b>                                 |
| Sluiting wedstrijd ZV Hoorn-Aurik | Monday 25 juli, 20.00                                                                           |
| Entry fee Open Dutch              | € 10,50                                                                                         |
| Entry fee ZV Hoorn-Aurik          | € 5,00                                                                                          |
| Fee programmebook                 | € 3,50                                                                                          |
| Entry fee recreational event      | € 2,50                                                                                          |
| Contact for organisation          | Anja Kolken-Saal<br>Zwaagdijk 237<br>1684 NH ZWAAGDIJK<br>+31229 26 39 51 (geen Entries event!) |
| Phone Organisation                | +31229 26 16 71                                                                                 |
| Fax Organisation                  | +3130 60 57 575                                                                                 |
| Phone KNZB                        | +3130 60 30 105                                                                                 |
| Fax KNZB                          | +316 20 646 700, +316 23 300 903                                                                |
| Phone during event                | <a href="mailto:kolken@quicknet.nl">kolken@quicknet.nl</a>                                      |
| E-mail                            | <a href="http://www.knzb.nl">www.knzb.nl</a>                                                    |
| Website KNZB                      | <a href="http://www.zvhoorn.nl">www.zvhoorn.nl</a>                                              |
| Website Organisation              |                                                                                                 |



| programme |                                        | start time |
|-----------|----------------------------------------|------------|
|           | Assembly of jurors                     | 12.30      |
| 1         | a 5000m freestyle men seniors          | 14.00      |
| 1         | b 5000m freestyle men youth            | 14.00      |
| 2         | a 5000m freestyle women seniors        | 14.05      |
| 2         | b 5000m freestyle women youth          | 14.05      |
| 3         | a 3000m freestyle boys juniors 1 and 2 | 15.20      |
| 3         | b 3000m freestyle boys juniors 3 and 4 | 15.20      |
| 4         | 3000m vrijeslag girls juniors 1 and 2  | 15.25      |



© Andes/ Tensing-SKS/ Navigation Technologies



© Andes/ Tensing-SKS/ Navigation Technologies

© 1999 Andes VSP Eindhoven

## 2.15 "Ter Rede van Hoorn"

|                                   |                                                                 |
|-----------------------------------|-----------------------------------------------------------------|
| Event date                        | Saturday 30 July 2005                                           |
| Event location                    | IJsselmeer ter hoogte van v.v. Hollandia, Julianapark te Hoorn  |
| Organisation                      | Stichting O.W.Z. Ter Rede van Hoorn (Z.V.Hoorn-Aurik)           |
| Length/shape                      | straight course of 500m, for the 5km 1000m                      |
| Closing entries ONK               | <b>Wednesday 20 juli, 12.00</b><br><b>aanmelden via de KNZB</b> |
| Sluiting wedstrijd ZV Hoorn-Aurik | Monday 25 juli, 20.00                                           |
| Entry fee ONK (via depot)         | € 10,50                                                         |
| Entry fee ZV Hoorn-Aurik          | € 5,00                                                          |
| Entry fee programmeboek           | € 3,50                                                          |
| Entry fee recreational event      | € 2,50                                                          |
| Contact for organisation          | Anja Kolken-Saal<br>Zwaagdijk 237<br>1684 NH ZWAAGDIJK          |
| Phone Organisation                | +31229 26 39 51 (no entries event!)                             |
| Fax Organisation                  | +31229 26 16 71                                                 |
| Phone KNZB                        | +3130 60 57 575                                                 |
| Fax KNZB                          | +3130 60 30 105                                                 |
| Phone during event                | +316 20 646 700, +316 23 300 903                                |
| E-mail                            | <a href="mailto:kolken@quicknet.nl">kolken@quicknet.nl</a>      |
| Website KNZB                      | <a href="http://www.knzb.nl">www.knzb.nl</a>                    |
| Website Organisation              | <a href="http://www.zvhoorn.nl">www.zvhoorn.nl</a>              |



| programme |                                                         | start time | klassement |
|-----------|---------------------------------------------------------|------------|------------|
|           | Assembly of jurors                                      | 12.30      |            |
| 5         | a/b 500m freestyle mix minors 4, 5 and 6                | 16.00      |            |
| 6         | a/b 250m freestyle mix minors 1, 2 and 3                | 16.10      |            |
| 7         | a/b 1000m breaststroke men youth and seniors            | 16.20      | ssh/j      |
| 8         | a/b 1000m breaststroke women youth and seniors          | 16.25      | ssd/j      |
| 9         | a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+   | 16.30      | M-ssh      |
| 10        | a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+ | 16.35      | M-ssd      |
| 11        | 1000m recreational event 12 years and older             | 16.45      |            |
| 12        | 500m recreational event 9 years and older               | 16.55      |            |

## 2.16 e Open Dutch Championships

|                                          |                                                                 |
|------------------------------------------|-----------------------------------------------------------------|
| <b>Event date</b>                        | Sunday 31 July 2005                                             |
| <b>Event location</b>                    | IJsselmeer ter hoogte van v.v. Hollandia, Julianapark te Hoorn  |
| <b>Organisation</b>                      | Stichting O.W.Z. Ter Rede van Hoorn (Z.V.Hoorn-Aurik) and KNZB  |
| <b>Length/shape</b>                      | straight course of 500m, for the 10km 1000m                     |
| <b>Closing entries ONK</b>               | <b>Wednesday 20 juli, 12.00 entries via federation and KNZB</b> |
| <b>Sluizing wedstrijd ZV Hoorn-Aurik</b> | Monday 25 juli, 20.00                                           |
| <b>Entry fee ONK (via depot)</b>         | € 10,50                                                         |
| <b>Entry fee ZV Hoorn-Aurik</b>          | € 5,00                                                          |
| <b>Entry fee programmeboek</b>           | € 3,50                                                          |
| <b>Entry fee recreational event</b>      | € 2,50                                                          |
| <b>Contact for organisation</b>          | Anja Kolken-Saal<br>Zwaagdijk 237<br>1684 NH ZWAAGDIJK          |
| <b>Phone Organisation</b>                | +31229 26 39 51 (no entries event!)                             |
| <b>Fax Organisation</b>                  | +31229 26 16 71                                                 |
| <b>Phone KNZB</b>                        | +3130 60 57 575                                                 |
| <b>Fax KNZB</b>                          | +3130 60 30 105                                                 |
| <b>Phone during event</b>                | +316 20 646 700, +316 23 300 903                                |
| <b>E-mail</b>                            | <a href="mailto:kolken@quicknet.nl">kolken@quicknet.nl</a>      |
| <b>Website KNZB</b>                      | <a href="http://www.knzb.nl">www.knzb.nl</a>                    |
| <b>Website Organisation</b>              | <a href="http://www.zvhoorn.nl">www.zvhoorn.nl</a>              |



| programme |                                                      | start time |
|-----------|------------------------------------------------------|------------|
|           | Assembly of jurors                                   | 9.00       |
|           | Briefing for swimmers and coaches for the 10km event | 8.30       |
| 1         | 10.000m freestyle men youth and seniors              | 10.00      |
| 2         | 10.000m freestyle women youth and seniors            | 10.05      |
| 5 a       | 3000m freestyle Masters men 25+                      | 12.30      |
| 5 b       | 3000m freestyle Masters men 35+                      | 12.30      |
| 5 c       | 3000m freestyle Masters men 45+                      | 12.30      |
| 5 d       | 3000m freestyle Masters men 55+                      | 12.30      |
| 6 a       | 3000m freestyle Masters women 25+                    | 12.40      |
| 6 b       | 3000m freestyle Masters women 35+                    | 12.40      |
| 6 c       | 3000m freestyle Masters women 45+                    | 12.40      |
| 6 d       | 3000m freestyle Masters women 55+                    | 12.40      |
| 9         | 3000m breaststroke men youth and seniors             | 13.10      |
| 10        | 3000m breaststroke women youth and seniors           | 13.15      |



## 2.17 "Ter Rede van Hoorn"

|                                   |                                                                 |
|-----------------------------------|-----------------------------------------------------------------|
| Event date                        | Sunday 31 July 2005                                             |
| Event location                    | IJsselmeer ter hoogte van v.v. Hollandia, Julianapark te Hoorn  |
| Organisation                      | Stichting O.W.Z. Ter Rede van Hoorn (Z.V.Hoorn-Aurik)           |
| Length/shape                      | straight course of 500m, voor de 10km 1000m                     |
| Closing entries ONK               | <b>Wednesday 20 juli, 12.00</b><br><b>aanmelden via de KNZB</b> |
| Sluiting wedstrijd ZV Hoorn-Aurik | Monday 25 July at 20.00                                         |
| Entry fee ONK (via depot)         | € 10,50                                                         |
| Entry fee ZV Hoorn-Aurik          | € 5,00                                                          |
| Entry fee programmeboek           | € 3,50                                                          |
| Entry fee recreational event      | € 2,50                                                          |
| Contact for organisation          | Anja Kolken-Saal<br>Zwaagdijk 237<br>1684 NH ZWAAGDIJK          |
| Phone Organisation                | +31229 26 39 51 (no entries event!)                             |
| Fax Organisation                  | +31229 26 16 71                                                 |
| Phone KNZB                        | +3130 60 57 575                                                 |
| Fax KNZB                          | +3130 60 30 105                                                 |
| Phone during event                | +316 20 646 700, +316 23 300 903                                |
| E-mail                            | <a href="mailto:kolken@quicknet.nl">kolken@quicknet.nl</a>      |
| Website KNZB                      | <a href="http://www.knzb.nl">www.knzb.nl</a>                    |
| Website Organisation              | <a href="http://www.zvhoorn.nl">www.zvhoorn.nl</a>              |



| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| Assembly of jurors                                                                          | 9.00       |
| 3 a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                         | 10.15      |
| 4 1000m freestyle girls juniors 1 and 2                                                     | 10.45      |
| 7 a/b 500m freestyle mix juniors 4, 5 and 6                                                 | 12.50      |
| 8 a/b 250m freestyle mix juniors 1, 2 and 3                                                 | 13.00      |
| 11 a/b 1000m freestyle men youth and seniors                                                | 13.45      |
| 12 a/b 1000m freestyle women youth and seniors                                              | 13.55      |
| 13 a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                      | 14.45      |
| 14 500m breaststroke girls juniors 1 and 2                                                  | 14.55      |
| 15 a/b 2000m freestyle men youth and seniors                                                | 15.15      |
| 16 a/b 2000m freestyle women youth and seniors                                              | 15.25      |
| 17 500m recreational event 9 years and older                                                | 15.45      |
| 18 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 15.50      |
| 19 1000m recreational event 12 years and older                                              | 16.00      |



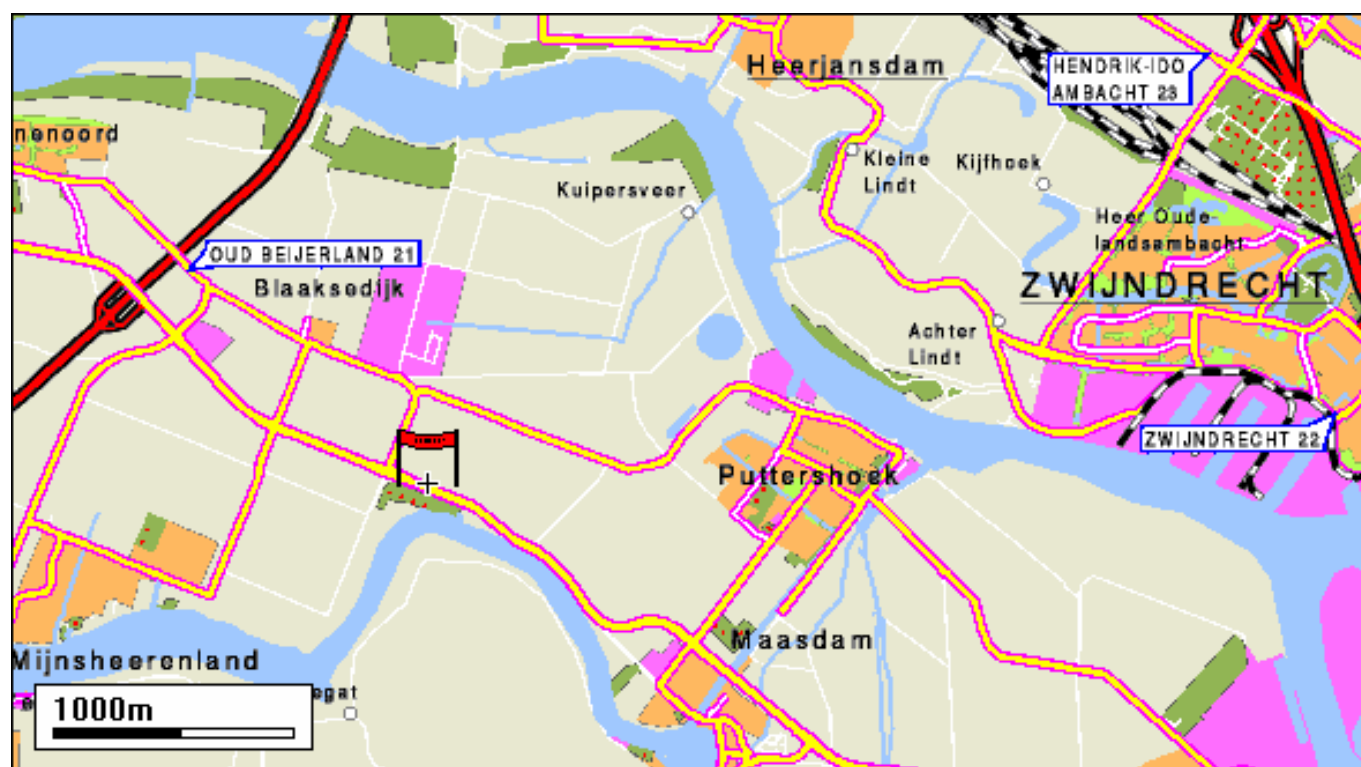
## 2.18 28<sup>e</sup> Long Distance Swim ZV Strijen

|                              |                                                                                                                                                                                           |
|------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event date                   | Saturday 6 August 2005                                                                                                                                                                    |
| Event location               | Recreatiegebied "Binnenmaas"<br>te Mijnsheerenland                                                                                                                                        |
| Organisation                 | ZV Strijen                                                                                                                                                                                |
| Length/shape                 | straight line of 500m                                                                                                                                                                     |
| Closing entries              | Tuesday 2 August 2005                                                                                                                                                                     |
| Entry fee                    | € 5,00                                                                                                                                                                                    |
| Entry fee recreational event | € 2,50                                                                                                                                                                                    |
| Fee for parking              | T.B.A.                                                                                                                                                                                    |
| Contact for organisation     | Arnold de Man<br>Dam 1a,<br>3291 EB Strijen<br>(+3178) 674 52 77<br>(+316) 538 583 29<br>Dick de Bruyn<br>(+3178) 67 415 57<br><a href="mailto:a.deman@tiscali.nl">a.deman@tiscali.nl</a> |
| Phone                        |                                                                                                                                                                                           |
| Phone during event           |                                                                                                                                                                                           |
| 2nd contact                  |                                                                                                                                                                                           |
| Phone                        |                                                                                                                                                                                           |
| E-mail                       |                                                                                                                                                                                           |



Opgericht 3 maart 1966

| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| assembly of jurors                                                                          | 11.30      |
| 1 2000m breaststroke men youth and seniors                                                  | 12.30      |
| 2 2000m breaststroke women youth and seniors                                                | 12.40      |
| 3 a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                       | 13.30      |
| 4 500m breaststroke girls juniors 1 and 2                                                   | 13.40      |
| 5 a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                        | 14.00      |
| 6 a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                      | 14.10      |
| 7 a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                         | 14.30      |
| 8 1000m freestyle girls juniors 1 and 2                                                     | 14.40      |
| 9 2000m freestyle men youth and seniors                                                     | 15.00      |
| 10 2000m freestyle women youth and seniors                                                  | 15.10      |
| 11 500m freestyle boys juniors 4, 5 and 6                                                   | 16.00      |
| 12 500m freestyle girls juniors 4, 5 and 6,                                                 | 16.10      |
| 13 a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                    | 16.30      |
| 14 a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                  | 16.40      |
| 15 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 17.00      |
| 16 500m recreational event 9 years and older                                                | 17.15      |
| 17 1000m recreational event 12 years and older                                              | 17.30      |
| Victory ceremony                                                                            | 17.45      |



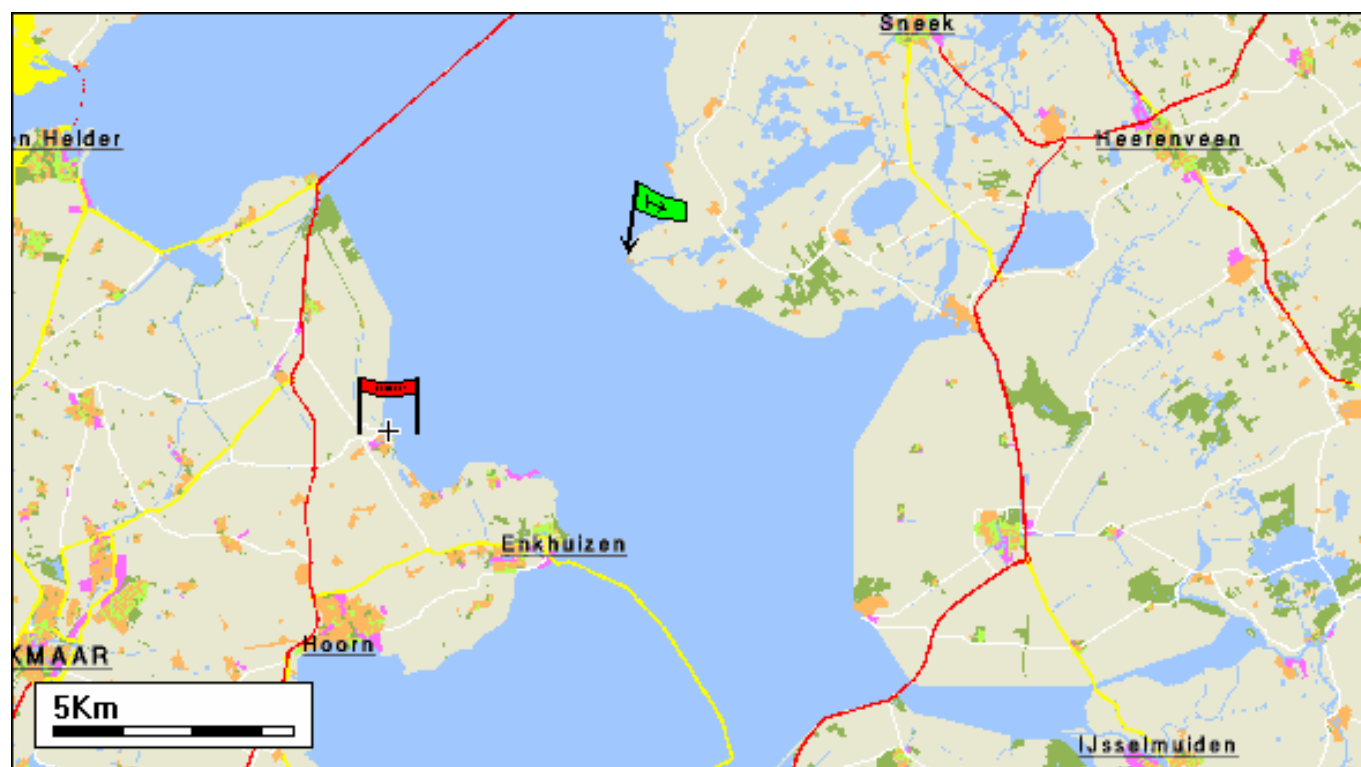
© 1999 Andes VSP Eindhoven

## 2.19 36<sup>e</sup> International Bathrooms IJsselmeer-Swim Marathon

|                                     |                                                                                                                         |
|-------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| <b>Event date</b>                   | Saturday 13 August 2005                                                                                                 |
| <b>Event location</b>               | IJsselmeer, van Stavoren tot in Medemblik                                                                               |
| <b>Organisation</b>                 | Stichting tot behoud van de IJsselmeer-Zwemmarathon, DES                                                                |
| <b>Length/shape</b>                 | unmarked, circa 22km length                                                                                             |
| <b>Closing entries</b>              | Thursday 30 June 2005 at 12.00                                                                                          |
| <b>Entry fee</b>                    | € 10,50 (startgeld)<br>€ 14,40 (begeleidingsEntry fee )                                                                 |
| <b>Entries event Buitenland</b>     | <a href="http://www.zwemmarathon.nl">www.zwemmarathon.nl</a>                                                            |
| <b>Entries event per mail</b>       | <a href="mailto:nkEntries.event@knzb.nl">nkEntries.event@knzb.nl</a>                                                    |
| <b>Contact for organisation</b>     | Cor de Bruin<br>Strausslaan 46<br>2551 NN DEN HAAG<br>+31(0)70 323 99 70 of<br>+31(0)6 510 722 30<br>+31(0)847 16 16 09 |
| <b>Phone Organisation</b>           | Jack Brakeboer<br>+31(0)227 54 14 36<br>+31(0)227 54 35 17                                                              |
| <b>Fax Organisation</b>             |                                                                                                                         |
| <b>Bij geen gehoor/wedstrijddag</b> |                                                                                                                         |
| <b>Phone during event</b>           |                                                                                                                         |
| <b>Fax wedstrijddag</b>             |                                                                                                                         |
| <b>E-mail Organisation</b>          | <a href="mailto:zwemmarathon@medemblik.nu">zwemmarathon@medemblik.nu</a>                                                |
| <b>Websites</b>                     | <a href="http://www.zwemmarathon.nl">www.zwemmarathon.nl</a> and<br><a href="http://www.knzb.nl">www.knzb.nl</a>        |



| programme                                                                           | start time |
|-------------------------------------------------------------------------------------|------------|
| Briefing for participants and coaches Friday 12 August in café Brakeboer/Het Swarte | 19.30      |
| Woifke, Oosterhaven 30 in Medemblik                                                 |            |
| Laatste controle deelnemers: Invethal Stavoren (13 August).                         | 08.30      |
| 1. app 22km freestyle men seniors                                                   | 09.00      |
| 2. app 22km freestyle women seniors                                                 | 09.00      |
| Finish in the Oosterhaven at Medemblik                                              | 13.15      |
| <b>rem</b> Money prizes :                                                           |            |
| € 250,- 1st place all-in                                                            |            |
| € 150,- 2nd place all-in                                                            |            |
| € 100,- 3rd place all-in                                                            |            |
| € 100,- 1st female                                                                  |            |
| <b>rem</b> Entries limited                                                          |            |



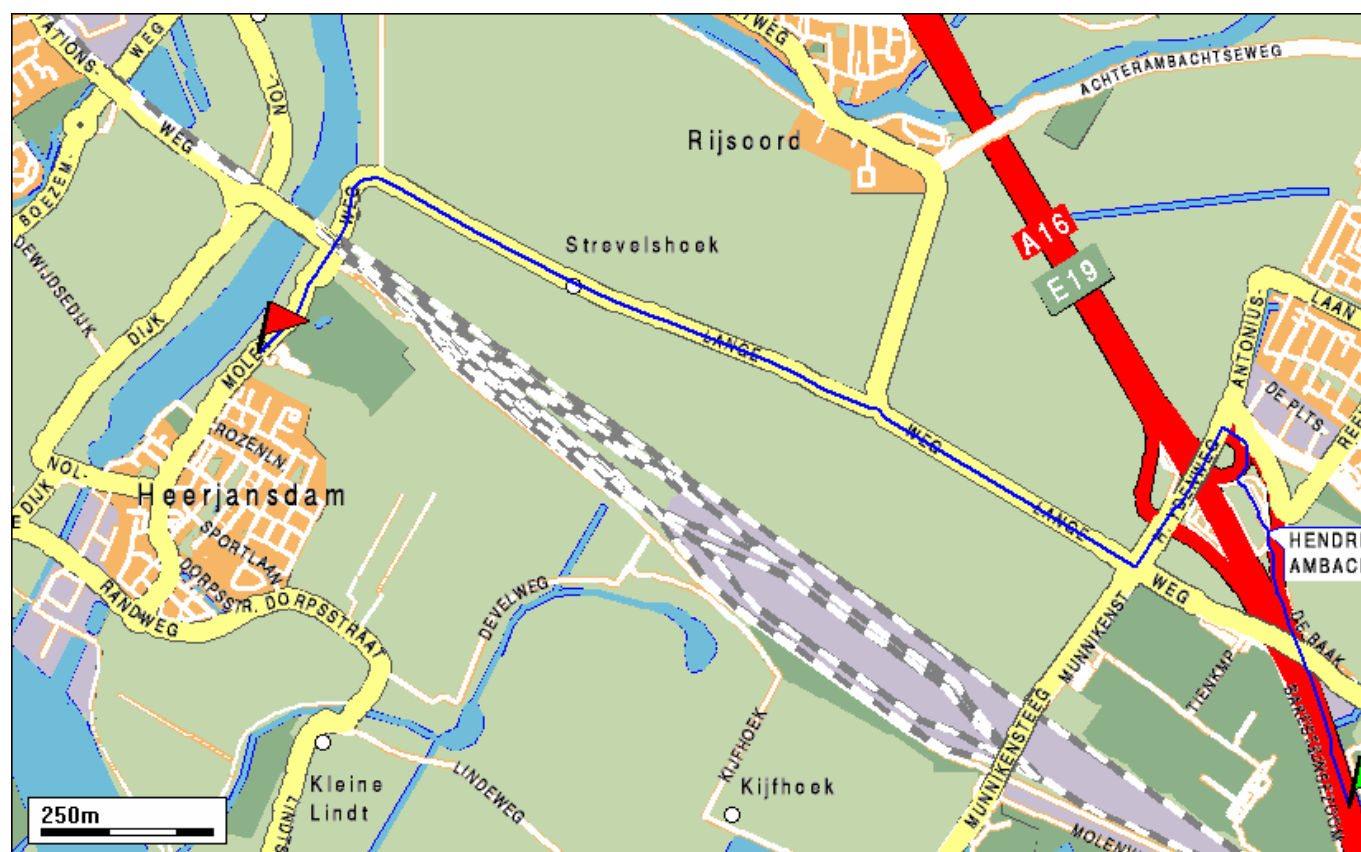
© 1999 Andes VSP Eindhoven

## 2.20 First Open Water Event 't Waaltje - Heerjansdam

|                              |                                                                        |
|------------------------------|------------------------------------------------------------------------|
| Event date                   | Saturday 13 August 2005                                                |
| Event location               | 't Waaltje                                                             |
| Organisation                 | De Lansingh & ZPB H&L                                                  |
| Length/shape                 | 500m in a straight line                                                |
| Closing entries              | saturday 6 August tot 19.00                                            |
| Entry fee                    | € 5,00                                                                 |
| Entry fee recreational event | € 3,50                                                                 |
| Contact for organisation     | Uli van Us                                                             |
| Phone                        | +316 22346108<br>+316 53828890<br>+316 22346108                        |
| Phone during event           |                                                                        |
| E-mail                       | <a href="mailto:owwheerjansdam@yahoo.com">owwheerjansdam@yahoo.com</a> |
| Website                      | <a href="http://www.noww.nl/~heerjansdam">www.noww.nl/~heerjansdam</a> |



| programme                                                                                    | start time |
|----------------------------------------------------------------------------------------------|------------|
| assembly of jurors                                                                           | 10.00      |
| 1. 3000m freestyle men youth and seniors                                                     | 11.00      |
| 2. 3000m freestyle women youth and seniors                                                   | 11.15      |
| 3. a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                     | 12.00      |
| 4. a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                   | 12.15      |
| 5. a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                       | 12.50      |
| 6. 500m breaststroke girls juniors 1 and 2                                                   | 13.00      |
| 7. 500m freestyle boys minors 4, 5 and 6                                                     | 13.30      |
| 8. 500m freestyle girls minors 4, 5 and 6                                                    | 13.40      |
| 9. 3000m breaststroke men youth and seniors                                                  | 14.00      |
| 10. 3000m breaststroke women and seniors                                                     | 14.15      |
| victory ceremony                                                                             | 14.45      |
| 11. a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                        | 15.00      |
| 12. 1000m freestyle girls juniors 1 and 2                                                    | 15.10      |
| 13. a/b 250m freestyle boys and girls minors 1, 2 and 3                                      | 15.50      |
| 14. a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                       | 16.00      |
| 15. a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                     | 16.10      |
| 16. 1000m freestyle men youth and seniors                                                    | 16.50      |
| 17. 1000m freestyle women youth and seniors                                                  | 17.00      |
| 17. 1000m recreational event 12 years and older                                              | 17.30      |
| 19. 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 17.40      |
| 20. 500m recreational event 9 years and older                                                | 17.50      |
| victory ceremony                                                                             | 17.45      |



© 1999 Andes VSP Eindhoven



## 2.21 First Open Water Event Oceanus, Aalsmeer

**Event date** Sunday 14 August 2005  
**Event location** Westeinderplas (Vrouwentroost), Aalsmeer  
**Length/shape** straight line of 500m  
**Closing entries** Tuesday 9 August 20.00  
**Entry fee** € 5,00  
**Entry fee recreational event** € 3,50  
**Contact for organisation** Ronald Grove  
 Söderblomstraat 170  
 2131 GP HOOFFDORP  
**Phone** +3123 562 48 50  
**Telefoon wedstrijd** +316 221 71 006  
**E-mail** [inschrijving2005@openwaterwedstrijdoceanus.nl](mailto:inschrijving2005@openwaterwedstrijdoceanus.nl)  
**Website** [www.openwaterwedstrijdoceanus.nl](http://www.openwaterwedstrijdoceanus.nl)



| programme |                                                                                          | start time |
|-----------|------------------------------------------------------------------------------------------|------------|
|           | assembly of jurors                                                                       | 10.00      |
| 1         | a/b 500m freestyle boys/girls minors 4, 5 and 6                                          | 11.00      |
| 2         | a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                        | 11.15      |
| 3         | 1000m freestyle girls juniors 1 and 2                                                    | 11.25      |
| 4         | 1000m breaststroke men seniors and youth                                                 | 11.45      |
| 5         | 1000m breaststroke women seniors and youth                                               | 11.50      |
| 6         | a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                       | 12.15      |
| 7         | a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                     | 12.25      |
| 8         | 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 12.50      |
| 9         | a/b 250m freestyle boys/girls minors 1, 2 and 3                                          | 13.05      |
| 10        | a/b 1000m breaststroke boys juniors 1 and 2, 3 and 4                                     | 13.20      |
| 11        | 1000m breaststroke girls juniors 1 and 2                                                 | 13.25      |
| 12        | 1000m freestyle men youth and seniors                                                    | 13.40      |
| 13        | 1000m freestyle women youth and seniors                                                  | 13.50      |
| 14        | 2000m breaststroke men youth and seniors                                                 | 14.05      |
| 15        | 2000m breaststroke women youth and seniors                                               | 14.15      |
| 16        | 500m recreational event 9 years and older                                                | 15.00      |
| 17        | a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                    | 15.20      |
| 18        | a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                  | 15.30      |
| 19        | 3000m freestyle men youth and seniors                                                    | 15.50      |
| 20        | 3000m freestyle women youth and seniors                                                  | 16.20      |
| 21        | 1000m recreational event 12 years and older                                              | 17.00      |



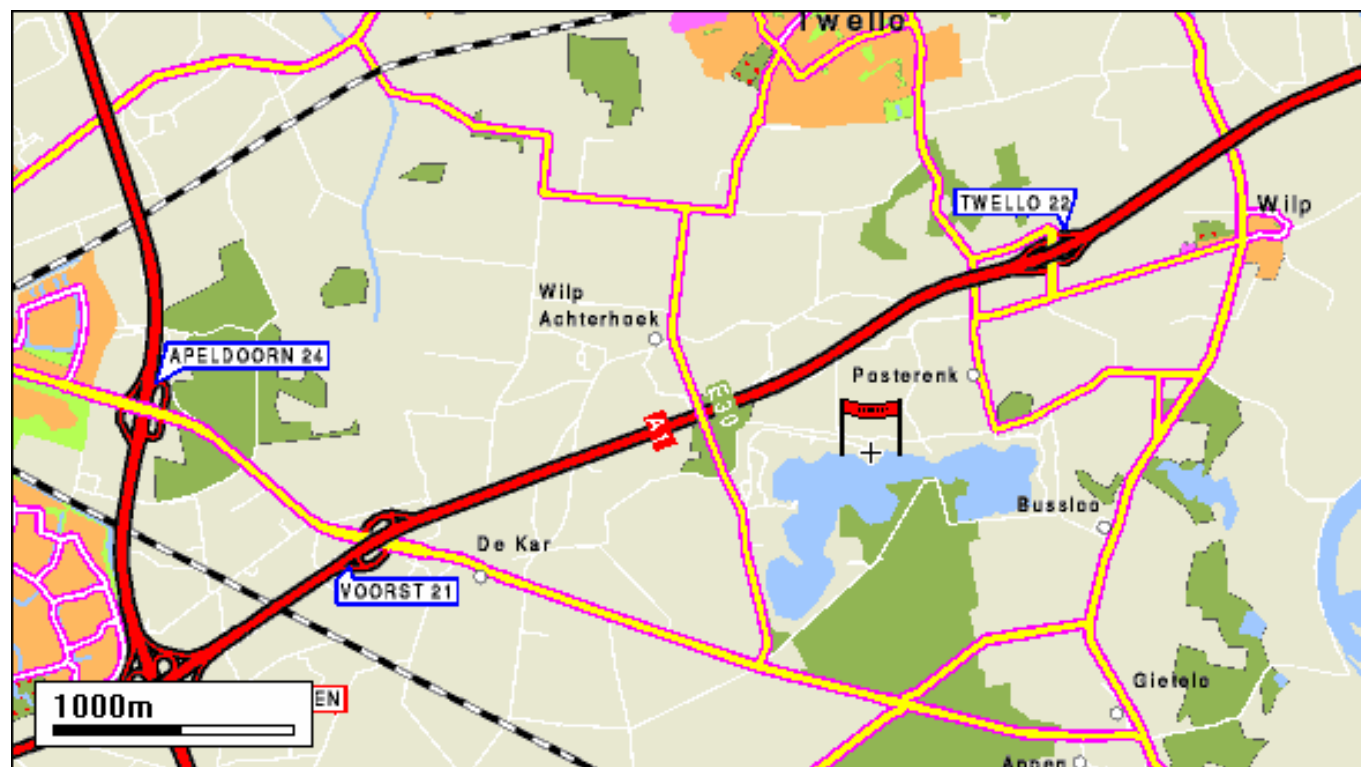
© 1997 Andes VSP Eindhoven

## 2.22 31st Open Water Wedstrijd Bussloo - Recreatiegebied Bussloo

|                              |                                                                            |
|------------------------------|----------------------------------------------------------------------------|
| Event date                   | Saturday 20 August 2004                                                    |
| Event location               | Recreatiegebied Bussloo                                                    |
| Length/shape                 | straight line of 500 meter                                                 |
| Closing entries              | Saturday 13 August 2004                                                    |
| Entry fee                    | € 4,50                                                                     |
| Entry fee recreational event | € 3,00                                                                     |
| Uitslagen (niet digitaal)    | € 1,20 per set                                                             |
| Parkeergeld                  | circa € 4,00                                                               |
| Contact for organisation     | André van Buiten<br>Enkweg 14a<br>7384 CP POSTERENK (Wilp)                 |
| Phone                        | +31571 26 21 60                                                            |
| Fax                          | +31571 26 21 63                                                            |
| E-mail                       | <a href="mailto:Andre.vanbuiten@tiscali.nl">Andre.vanbuiten@tiscali.nl</a> |
| Phone during event           | +316 52 013 282                                                            |



| programme |                                                                                          | start time |
|-----------|------------------------------------------------------------------------------------------|------------|
| 1         | a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                       | 11.00      |
| 2         | a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                     | 11.05      |
| 3         | 2000m breaststroke men youth and seniors                                                 | 11.35      |
| 4         | 2000m breaststroke women youth and seniors                                               | 11.40      |
| 5         | 500m recreational event 9 years and older                                                | 12.30      |
| 6         | a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                        | 13.00      |
| 7         | 1000m freestyle girls juniors 1 and 2                                                    | 13.05      |
| 8         | 2000m freestyle men youth and seniors                                                    | 13.30      |
| 9         | 2000m freestyle women youth and seniors                                                  | 13.50      |
| 10        | 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 14.15      |
| 11        | 500m freestyle boys minors 4, 5 and 6                                                    | 14.45      |
| 12        | 500m freestyle girls minors 4, 5 and 6                                                   | 14.50      |
| 13        | a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                    | 15.05      |
| 14        | a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                  | 15.10      |
| 15        | a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                      | 15.40      |
| 16        | 500m breaststroke girls juniors 1 and 2                                                  | 15.45      |
| 17        | 1000m recreational event 12 years and older                                              | 16.10      |



© 1999 Andes VSP Eindhoven

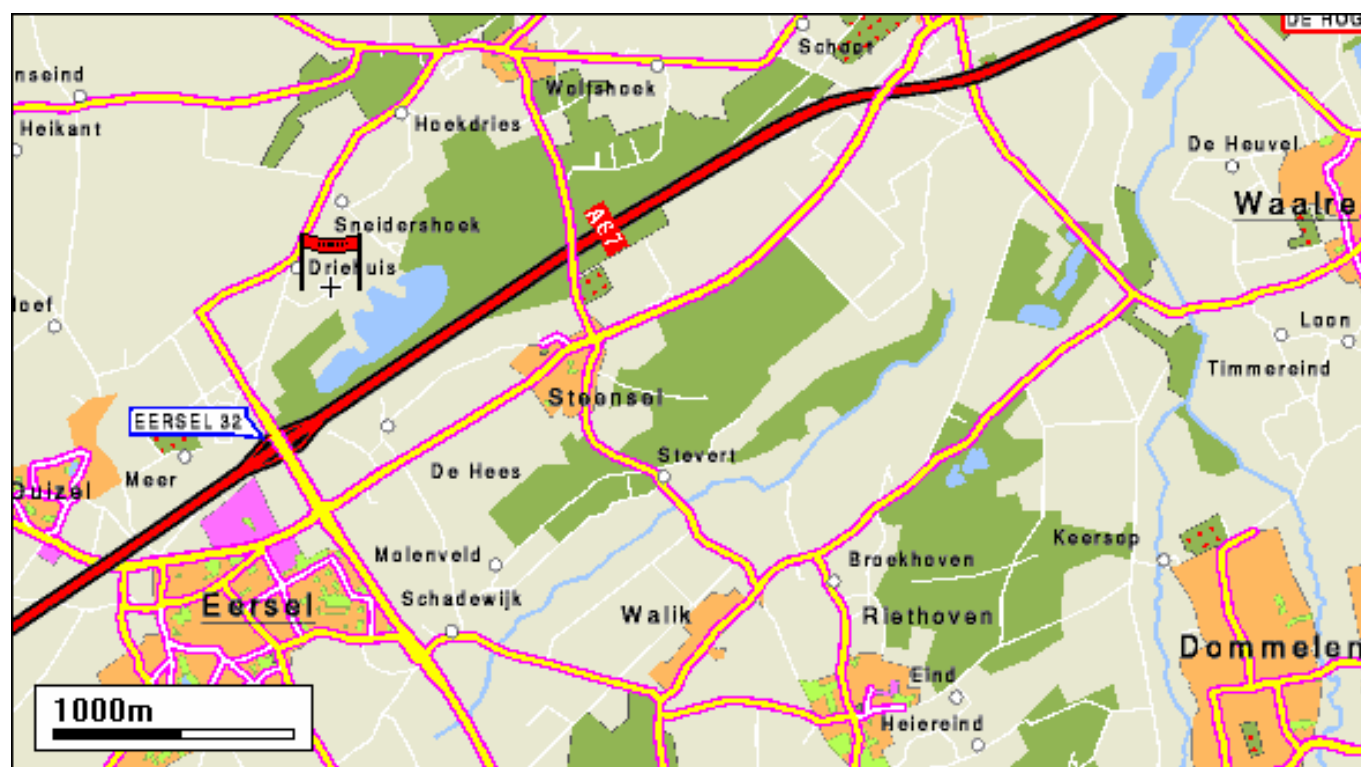


## 2.23 Long Distance Swim E3-strand

|                              |                                                                             |
|------------------------------|-----------------------------------------------------------------------------|
| Event date                   | Sunday 21 August 2005                                                       |
| Event location               | E3 strand, Eersel                                                           |
| Organisation                 | Tiamat, Eersel                                                              |
| Length/shape                 | straight line of 500 meter                                                  |
| Closing entries              | Tuesday 16 August 2005                                                      |
| Entry fee                    | € 3,50 (eerste start)<br>€ 2,50 (volgende starts)                           |
| Entry fee recreational event | € 2,50                                                                      |
| Entree                       | € 3,25 (tot 12 jaar € 2,25)                                                 |
| Contact for organisation     | Marjan de Bruijn-Sanderse                                                   |
| Phone                        | 0497 57 40 91                                                               |
| Entries event                | Ad Kremers<br>Boekweit 51<br>5521 MX EERSEL                                 |
| Phone                        | 0497 51 86 15                                                               |
| E-mail                       | <a href="mailto:Langebaan@tiscali.nl">Langebaan@tiscali.nl</a>              |
| Website                      | <a href="http://home.tiscali.nl/zwemmen">http://home.tiscali.nl/zwemmen</a> |



| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| 1 a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                        | 10.30      |
| 2 a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                      | 10.40      |
| 3 a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                       | 11.00      |
| 4 500m breaststroke girls juniors 1 and 2                                                   | 11.10      |
| 5 500m freestyle boys minors 4, 5 and 6                                                     | 11.20      |
| 6 500m freestyle girls minors 4, 5 and 5                                                    | 11.30      |
| 7 250m freestyle boys minors 1, 2 and 3                                                     | 11.40      |
| 8 250m freestyle girls minors 1, 2 and 3                                                    | 11.50      |
| 9 2000m freestyle men youth and seniors                                                     | 12.00      |
| 10 2000m freestyle women youth and seniors                                                  | 12.10      |
| 11 a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                    | 12.50      |
| 12 a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                  | 13.00      |
| 13 a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                        | 13.20      |
| 14 1000m freestyle girls juniors 1 and 2                                                    | 13.30      |
| 15 1000m freestyle men youth and seniors                                                    | 13.50      |
| 16 1000m freestyle women youth and seniors                                                  | 14.00      |
| 17 2000m breaststroke men seniors/youth                                                     | 14.20      |
| 18 2000m breaststroke women seniors/youth                                                   | 14.30      |
| 19 1000m recreational event 12 years and older                                              | 15.10      |
| 20 500m recreational event 9 years and older                                                | 15.20      |
| 21 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 15.20      |



© 1999 Andes VSP Eindhoven

## 2.24 3 Nautical miles, Swim from Cuijk to Grave

|                              |                                                                                                                                                                                                                                                                                                                       |
|------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Evenementsdatum              | Sunday 21 August 2005                                                                                                                                                                                                                                                                                                 |
| Event location               | The river Maas from Cuijk to Grave                                                                                                                                                                                                                                                                                    |
| Organisation                 | Mastworp Buitensport                                                                                                                                                                                                                                                                                                  |
| Length/shape                 | following the river                                                                                                                                                                                                                                                                                                   |
| Closing entries              | Saturday 20 August 2005                                                                                                                                                                                                                                                                                               |
| Entry fee recreational event | € 10,00                                                                                                                                                                                                                                                                                                               |
| Contact for organisation     | Mastworp Buitensport<br>GRAVE<br>(0486) 47 56 18<br><a href="mailto:info@maaspoort-grave.nl">info@maaspoort-grave.nl</a><br>form on website cafe or at the cafe in person<br><a href="http://www.maaspoort-grave.nl">www.maaspoort-grave.nl</a><br><a href="http://www.Grave-digitaal.com">www.Grave-digitaal.com</a> |
| Phone                        |                                                                                                                                                                                                                                                                                                                       |
| E-mail                       |                                                                                                                                                                                                                                                                                                                       |
| Entries event                |                                                                                                                                                                                                                                                                                                                       |
| Websites                     |                                                                                                                                                                                                                                                                                                                       |



## '3 Nautische Mijlen'

zwemtocht Cuijk-Grave

### programme

1. Briefing and transport to starting point
2. 3 nautical miles (5556m) freestyle men seniors
3. 3 nautical miles (5556m) freestyle women seniors
4. 1,5 nautical miles (2778m) freestyle men seniors
5. 1,5 nautical miles (2778m) freestyle women seniors
6. finish from

### start time

- 11.00
- 13.00
- 13.00
- 13.30
- 13.30
- 14.00



© 2002 Andes VSP Eindhoven

## 2.25 Long Distance Swim Event TRB-RES & 10 of Tilburg

|                                                   |                                                                                                                                                                                                       |
|---------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Event date</b>                                 | Saturday 27 August 2005                                                                                                                                                                               |
| <b>Event location</b>                             | Watersportbaan Tilburg / Wilhelminakanaal                                                                                                                                                             |
| <b>Organisation</b>                               | TRB-RES                                                                                                                                                                                               |
| <b>Length/shape</b>                               | 750m and a straight course of 2250m<br>(1 turn between 500 and 2250m baan)                                                                                                                            |
| <b>Closing entries</b>                            | Monday 22 August 2005 at 20.00                                                                                                                                                                        |
| <b>Entry fee first start</b>                      | € 6,00                                                                                                                                                                                                |
| <b>Entry fee 10 km</b>                            | € 8,00                                                                                                                                                                                                |
| <b>Entry fee next starts</b>                      | € 5,00                                                                                                                                                                                                |
| <b>Entry fee relay</b>                            | € 6,00                                                                                                                                                                                                |
| <b>Entry fee recreational event</b>               | € 2,50                                                                                                                                                                                                |
| <b>Contact for organisation and Entries event</b> | Jeroen Melief<br>Bartokstraat 16<br>5011 JC TILBURG<br>(+3113) 4553307<br><a href="mailto:langebaan@trb-res.nl">langebaan@trb-res.nl</a><br><a href="http://www.trb-res.nl">http://www.trb-res.nl</a> |
| <b>Phone</b>                                      |                                                                                                                                                                                                       |
| <b>Entries event</b>                              |                                                                                                                                                                                                       |
| <b>Website</b>                                    |                                                                                                                                                                                                       |



| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| 1 3000m freestyle men youth and seniors                                                     | 12.00      |
| 2 3000m freestyle women youth and seniors                                                   | 12.05      |
| 3 500m freestyle boys minors 4, 5 and 6                                                     | 12.10      |
| 4 500m freestyle girls minors 4, 5 and 6                                                    | 12.15      |
| 5 250m freestyle boys minors 1, 2 and 3                                                     | 12.20      |
| 6 250m freestyle girls minors 1, 2 and 3                                                    | 12.25      |
| 7 a/b 1500m freestyle boys juniors 1 and 2, 3 and 4                                         | 12.45      |
| 8 1500m freestyle girls juniors 1 and 2                                                     | 13.00      |
| 9 a/d 1000m freestyle men 25+, 35+, 45+, 55+                                                | 13.15      |
| 10 a/d 1000m freestyle women 25+, 35+, 45+, 55+                                             | 13.25      |
| 11 1000m freestyle men youth and seniors                                                    | 13.35      |
| 12 1000m freestyle women youth and seniors                                                  | 13.45      |
| break for shipping                                                                          | 14.15      |
| en victory ceremony programme's 1 to 12                                                     | 14.30      |
| 16 10000m freestyle men youth and seniors                                                   | 15.00      |
| 17 10000m freestyle women youth and seniors                                                 | 15.00      |
| 18 3000m breaststroke men youth and seniors                                                 | 15.05      |
| 19 3000m breaststroke women youth and seniors                                               | 15.15      |
| 20 1000m breaststroke men youth and seniors                                                 | 15.20      |
| 21 1000m breaststroke women youth and seniors                                               | 15.25      |
| 22 a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                      | 16.00      |
| 23 500m breaststroke girls juniors 1 and 2                                                  | 16.10      |
| 24 a/d 1000m breaststroke men 25+, 35+, 45+, 55+                                            | 16.25      |
| 25 a/d 1000m breaststroke women 25+, 35+, 45+, 55+                                          | 16.35      |
| 28 4 x 250m relay back, breast, free, fly mixed                                             | 17.45      |
| 29 1000m recreational event 12 years and older                                              | 18.00      |
| 30 500m recreational event 9 years and older                                                | 18.05      |
| 31 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 18.10      |
| victory ceremony programmes 16 to 28                                                        | 18.30      |



© 2003 Andes VSP Eindhoven



## 2.26 3rd Open Water Event “Luctor Langs de Loskaai”

**Event date** Saturday 27 August 2005  
**Event location** Kanaal door Walcheren at Middelburg  
**Organisation** Luctor et Emergo, Middelburg  
**Length/shape** straight course of 500m  
**Closing entries** Monday 22 August 2005 at 20.00  
**Entry fee** € 5,00  
**Entry fee recreational event** € 4,00  
**Contact for organisation** Thierry Potin  
 Vlissingestraat 72  
 4388 HE OOST-SOUBURG  
**Phone** +31118-472623  
**Phone during event** +316-24967360  
**E-mail** [tpotin@tiscali.nl](mailto:tpotin@tiscali.nl)  
**Home-page** [www.zvluctor.nl](http://www.zvluctor.nl)



| programme |                                                                                          | start time. |
|-----------|------------------------------------------------------------------------------------------|-------------|
|           | assembly of jurors                                                                       | 09.30       |
| 1         | a/b 2.000m breaststroke men youth and seniors                                            | 10.30       |
| 2         | a/b 2.000m breaststroke women youth and seniors                                          | 11.00       |
| 3         | 500m freestyle boys minors 4, 5 and 6                                                    | 11.30       |
| 4         | 500m freestyle girls minors 4, 5 and 6                                                   | 11.40       |
| 5         | 250m freestyle boys minors 1, 2 and 3                                                    | 11.55       |
| 6         | 250m freestyle girls minors 1, 2 and 3                                                   | 12.00       |
| 7         | a/d 1.000m freestyle Masters men 25+, 35+, 45+, 55+                                      | 12.15       |
| 8         | a/d 1.000m freestyle Masters women 25+, 35+, 45+, 55+                                    | 12.35       |
| 9         | a/b 1.000m freestyle boys juniors 1 and 2, 3 and 4                                       | 13.00       |
| 10        | 1.000m freestyle girls juniors 1 and 2                                                   | 13.20       |
| 11        | 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 13.30       |
| 12        | a/d 1.000m breaststroke Masters men 25+, 35+, 45+, 55+                                   | 14.00       |
| 13        | a/d 1.000m breaststroke Masters women 25+, 35+, 45+, 55+                                 | 14.10       |
| 14        | a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                      | 14.30       |
| 15        | 500m breaststroke girls juniors 1 and 2                                                  | 14.35       |
| 16        | a/b 2.000m freestyle men youth and seniors                                               | 15.00       |
| 17        | a/b 2.000m freestyle women youth and seniors                                             | 15.20       |
| 18        | 1.000m recreational event 12 years and older                                             | 15.35       |



© 1999 Andes VSP Eindhoven

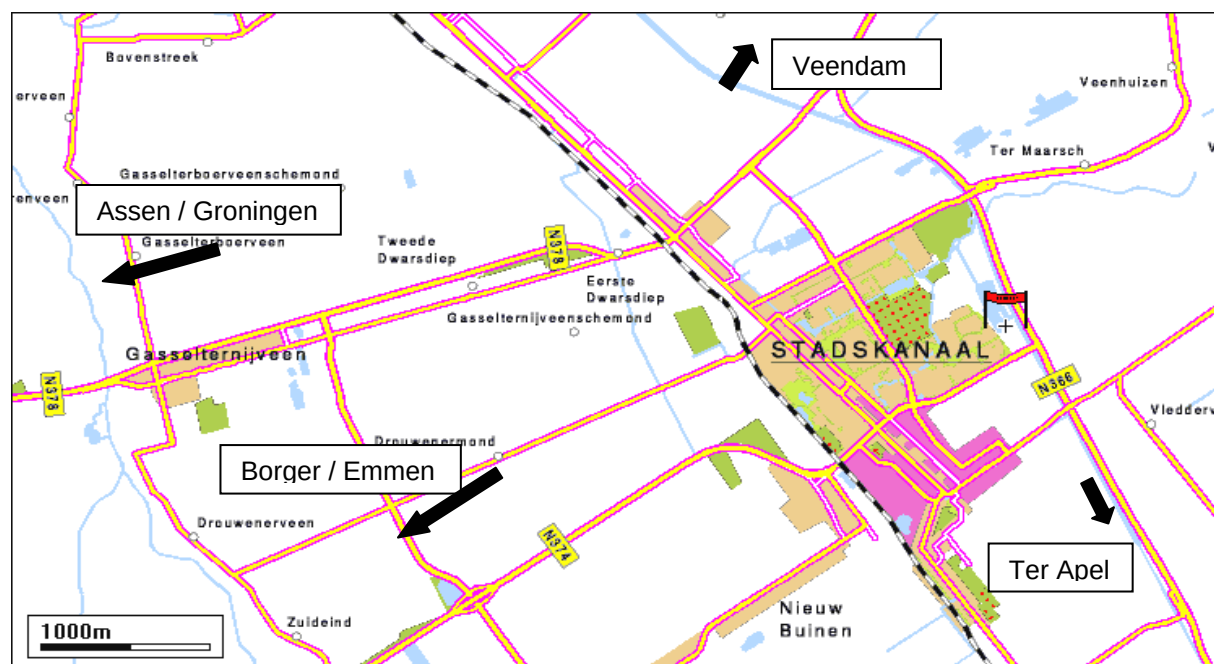


## 2.27 Swim Event "De Rode Loper"

**Event date:** Sunday 28 August 2005  
**Event location:** A.G. Wildervanckkanaal, Stadskanaal, Recreatiepark "Het Pagedal"  
**Organisation:** Stichting Zwemevenement de Rode Loper i.s.m. ZPC Stadskanaal  
**Length/shape:** straight line of 500 meter  
**Closing entries:** Monday 22 August 2005  
**Entry fee:** € 4,50  
**Entry fee recreational event:** € 3,50  
**Contact for organisation:** Koert Eefting  
 Cederhage 19  
 9501 TV STADSKANAAL  
 +31599-619811 and +316-235 612 02  
**Phone:** +31599-619811 and +316-235 612 02  
**E-mail:** [langebaan@zpcstadskanaal.nl](mailto:langebaan@zpcstadskanaal.nl)  
**Phone during event:** +316-511 449 41 (Jan Glazenburg)  
**Inschrijfadres:** Cor Stuut  
 Hoofdstraat 37<sup>a</sup>  
 9501 CM STADSKANAAL  
 +31599-565716  
**Phone:** +31599-565716  
**E-mail entries:** [Inschrijving.langebaan@zpcstadskanaal.nl](mailto:Inschrijving.langebaan@zpcstadskanaal.nl)



| programme                                                                                  | start time |
|--------------------------------------------------------------------------------------------|------------|
| 1 a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                       | 10.45      |
| 2 1000m freestyle men youth and seniors                                                    | 10.55      |
| 3 a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                     | 11.05      |
| 4 1000m freestyle women youth and seniors                                                  | 11.15      |
| 5 a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                        | 11.25      |
| 6 1000m freestyle girls juniors 1 and 2                                                    | 11.35      |
| 7 2000m breaststroke men youth and seniors                                                 | 11.45      |
| 8 2000m breaststroke women youth and seniors                                               | 11.55      |
| 9 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 12.45      |
| 10 500m recreational event 9 years and older                                               | 12.55      |
| 11 4x250m relay freestyle women/men/mixed                                                  | 13.15      |
| 12 500m freestyle boys juniors 4, 5 and 6                                                  | 13.40      |
| 13 500m freestyle girls juniors 4, 5 and 6                                                 | 13.50      |
| 14 a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                     | 14.00      |
| 15 500m breaststroke girls juniors 1 and 2                                                 | 14.10      |
| 16 a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                   | 14.20      |
| 17 1000m breaststroke men youth and seniors                                                | 14.30      |
| 18 a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                 | 14.40      |
| 19 1000m breaststroke women youth and seniors                                              | 14.50      |
| 20 2000m freestyle men youth and seniors                                                   | 15.10      |
| 21 2000m freestyle women youth and seniors                                                 | 15.20      |
| 22 500m team time trial breaststroke                                                       | 16.10      |
| 23 1000m recreational event 12 years and older                                             | 16.30      |



## 2.28 De Ganzetrek

|                              |                                                                                                                                                                                                   |
|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event date                   | Saturday 3 september 2005                                                                                                                                                                         |
| Event location               | Kanaal naar Goes bij Wilhelminadorp                                                                                                                                                               |
| Length/shape                 | straight line of 1000 meter                                                                                                                                                                       |
| Closing entries              | Monday 29 August 2005                                                                                                                                                                             |
| Entry fee                    | € 5,00                                                                                                                                                                                            |
| Entry fee recreational event | € 3,00                                                                                                                                                                                            |
| Contact for organisation     | Co Wagenvoort<br>Bergweg 51<br>4461 LZ GOES<br>(+31113) 22 00 64<br>(06) 155 63 933<br>Atie Kosten<br>(+31113) 25 02 37<br><a href="mailto:gerardatie@zeelandnet.nl">gerardatie@zeelandnet.nl</a> |
| Phone                        |                                                                                                                                                                                                   |
| Bij geen gehoor              |                                                                                                                                                                                                   |
| Phone                        |                                                                                                                                                                                                   |
| E-mail                       |                                                                                                                                                                                                   |



| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| 1 a/b 1000 meter freestyle boys juniors 1 and 2, 3 and 4                                    | 11.15      |
| 2 1000 meter freestyle girls juniors 1 and 2                                                | 11.20      |
| 3 a/d 1000 meter freestyle Masters men 25+, 35+, 45+, 55+                                   | 11.45      |
| 4 a/d 1000 meter freestyle Masters women 25+, 35+, 45+, 55+                                 | 11.50      |
| 5 250 meter freestyle boys miniors 1, 2 and 3                                               | 12.10      |
| 6 250 meter freestyle girls miniors 1, 2 and 3                                              | 12.15      |
| 7 500 meter freestyle boys miniors 4, 5 and 6                                               | 12.40      |
| 8 500 meter freestyle girls miniors 4, 5 and 6                                              | 12.45      |
| 9 a/d 1000 meter breaststroke Masters men 25+, 35+, 45+, 55+                                | 13.15      |
| 10 a/d 1000 meter breaststroke Masters women 25+, 35+, 45+, 55+                             | 13.20      |
| 11 2000 meter freestyle men youth and seniors                                               | 14.00      |
| 12 2000 meter freestyle women youth and seniors                                             | 14.05      |
| 13 2000 meter breaststroke men youth and seniors                                            | 14.40      |
| 14 2000 meter breaststroke women youth and seniors                                          | 14.45      |
| 15 a/b 500 meter school slag boys juniors 1 and 2, 3 and 4                                  | 15.30      |
| 16 500 meter breaststroke girls juniors 1 and 2                                             | 15.35      |
| 17 600m recreational event 12 years and older                                               | 16.15      |
| 18 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 16.30      |
| Victory ceremony                                                                            | 17.00      |



© 2003 Andes VSP Eindhoven

## 2.29 34th Kanaalrace, De Stormvogel, Vlissingen

|                                     |                                                                                           |
|-------------------------------------|-------------------------------------------------------------------------------------------|
| <b>Event date</b>                   | Sunday 4 september 2005                                                                   |
| <b>Event location</b>               | Kanaal door Walcmen                                                                       |
| <b>Length/shape</b>                 | straight line of 2500 meter                                                               |
| <b>Closing entries</b>              | Monday 29 August 2005 (22.00)                                                             |
| <b>Entry fee per deelnemer</b>      | € 5,00 (first start) € 3,50 (next starts)                                                 |
| <b>Entry fee recreational event</b> | € 3,00                                                                                    |
| <b>Entry fee relay</b>              | € 1,20 per participant                                                                    |
| <b>Contact for organisation</b>     | Marlies van Kann<br>Westerzicht 515<br>4385 BJ VLISSINGEN<br>(+31118) 47 83 32 (na 18.00) |
| <b>Phone</b>                        | Wim Buijs (coördinator)                                                                   |
| <b>2nd Phone</b>                    | (+31118) 46 23 06                                                                         |
| <b>Phone/fax</b>                    | Boathouse at Kanaal door Walcmen                                                          |
| <b>Bureau for entry</b>             | 09.45-13.30 Tent outside boathouse                                                        |
| <b>check</b>                        | Jeroen Dellebeke                                                                          |
| <b>Entries</b>                      | <a href="mailto:jeroend@zeelandnet.nl">jeroend@zeelandnet.nl</a>                          |
| <b>E-mail</b>                       | <a href="http://kanaalrace.zvstormvogel.nl">http://kanaalrace.zvstormvogel.nl</a>         |
| <b>Website</b>                      |                                                                                           |



**Z.V. "DE STORMVOGEL"**  
**VLISSINGEN**

| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| 1 a/b 5000m freestyle men youth and seniors                                                 | 11.00      |
| 2 a/b 5000m freestyle women youth and seniors                                               | 11.10      |
| 3 a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                         | 11.15      |
| 4 1000m freestyle girls juniors 1 and 2                                                     | 11.20      |
| 5 a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                        | 11.25      |
| 6 a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                      | 11.30      |
| arrival 5000 meter                                                                          | 12.00      |
| 7 a/b 250m freestyle boys minors 1, 2 and 3, girls minors 1, 2 and 3                        | 12.20      |
| 8 a/b 500m freestyle boys minors 4, 5 and 6, girls minors 4, 5 and 6                        | 12.25      |
| 9 a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                     | 12.40      |
| 10 a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                  | 12.50      |
| break for shipping traffic & victory ceremony                                               | 13.30      |
| 11 a/b 500m breaststroke boys juniors 1en 2, 3 and 4                                        | 14.00      |
| 12 500m breaststroke girls juniors 1 and 2                                                  | 14.05      |
| 13 a/b 2000m freestyle men youth and seniors                                                | 14.15      |
| 14 a/b 2000m freestyle women youth and seniors                                              | 14.20      |
| 15 a/b 2000m breaststroke men youth and seniors                                             | 14.35      |
| 16 a/b 2000m breaststroke women youth and seniors                                           | 14.40      |
| 17 unification relay 3 x 250 meter free, breast, fly (relay all from different teams)       | 15.45      |
| 18 1000m recreational event, 12 years and older                                             | 16.10      |
| 19 500m recreational event, 9 years and older                                               | 16.15      |
| 20 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 16.20      |
| victory ceremony                                                                            | 16.30      |



## 2.30 Excellent Open Water Event De Warande

|                              |                                                                                                                                                                                                                                                                                |
|------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event date                   | Saturday 10 september 2005                                                                                                                                                                                                                                                     |
| Event location               | Wilhelminakanaal, Oosterhout                                                                                                                                                                                                                                                   |
| Organisation                 | OZ&PC De Warande, Oosterhout                                                                                                                                                                                                                                                   |
| Length/shape                 | Vrijwel straight line of 2500 meter                                                                                                                                                                                                                                            |
| Closing entries              | Tuesday 6 september 2005 20.00                                                                                                                                                                                                                                                 |
| Entry fee 5 km               | € 6,50 (as first start)                                                                                                                                                                                                                                                        |
| Entry fee                    | € 5,50 (first start except 5km)<br>€ 4,00 (next starts starts)<br>€ 3,00                                                                                                                                                                                                       |
| Entry fee recreational event |                                                                                                                                                                                                                                                                                |
| Contact for organisation     | Ronald den Boer<br>Postbus 216<br>4900 AE OOSTERHOUT<br>+31162-433621<br>+316-43201817<br>Joris Haest<br>+316-46343595 (no entries event!!)<br><a href="mailto:langebaan@warande.com">langebaan@warande.com</a><br><a href="http://www.warande.com">http://www.warande.com</a> |
| Phone                        |                                                                                                                                                                                                                                                                                |
| Mobiel                       |                                                                                                                                                                                                                                                                                |
| Contact organisation         |                                                                                                                                                                                                                                                                                |
| Phone informatie             |                                                                                                                                                                                                                                                                                |
| E-mail                       |                                                                                                                                                                                                                                                                                |
| Website                      |                                                                                                                                                                                                                                                                                |



| programme                                                                                   | start time |
|---------------------------------------------------------------------------------------------|------------|
| 1 5000m freestyle men youth and seniors                                                     | 10.00      |
| 2 5000m freestyle women youth and seniors                                                   | 10.05      |
| 3 1000m freestyle men youth and seniors                                                     | 10.15      |
| 4 1000m freestyle women youth and seniors                                                   | 10.20      |
| 5 a/d 1000m breaststroke masters men 25+, 35+, 45+, 55+                                     | 11.00      |
| 6 a/d 1000m breaststroke masters women 25+, 35+, 45+, 55+                                   | 11.05      |
| 7 500m freestyle boys juniors 4, 5 and 6                                                    | 11.45      |
| 8 500m freestyle girls juniors 4, 5 and 6                                                   | 11.50      |
| 9 a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                       | 12.05      |
| 10 500m breaststroke girls juniors 1 and 2                                                  | 12.10      |
| Doorlaten scheepvaart and victory ceremony                                                  | 12.30      |
| 11 a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                       | 13.15      |
| 12 a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                     | 13.20      |
| 13 a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                        | 13.40      |
| 14 1000m freestyle girls juniors 1 and 2                                                    | 13.45      |
| 15 2000m freestyle men youth and seniors                                                    | 14.15      |
| 16 2000m freestyle women youth and seniors                                                  | 14.20      |
| 17 2000m breaststroke men youth and seniors                                                 | 14.30      |
| 18 2000m breaststroke women youth and seniors                                               | 14.35      |
| 19 1000m recreational event 12 years and older                                              | 15.30      |
| 20 500m recreational event 9 years and older                                                | 15.35      |
| 21 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 15.40      |
| victory ceremony                                                                            | 16.00      |



© 1999 Andes VSP Eindhoven

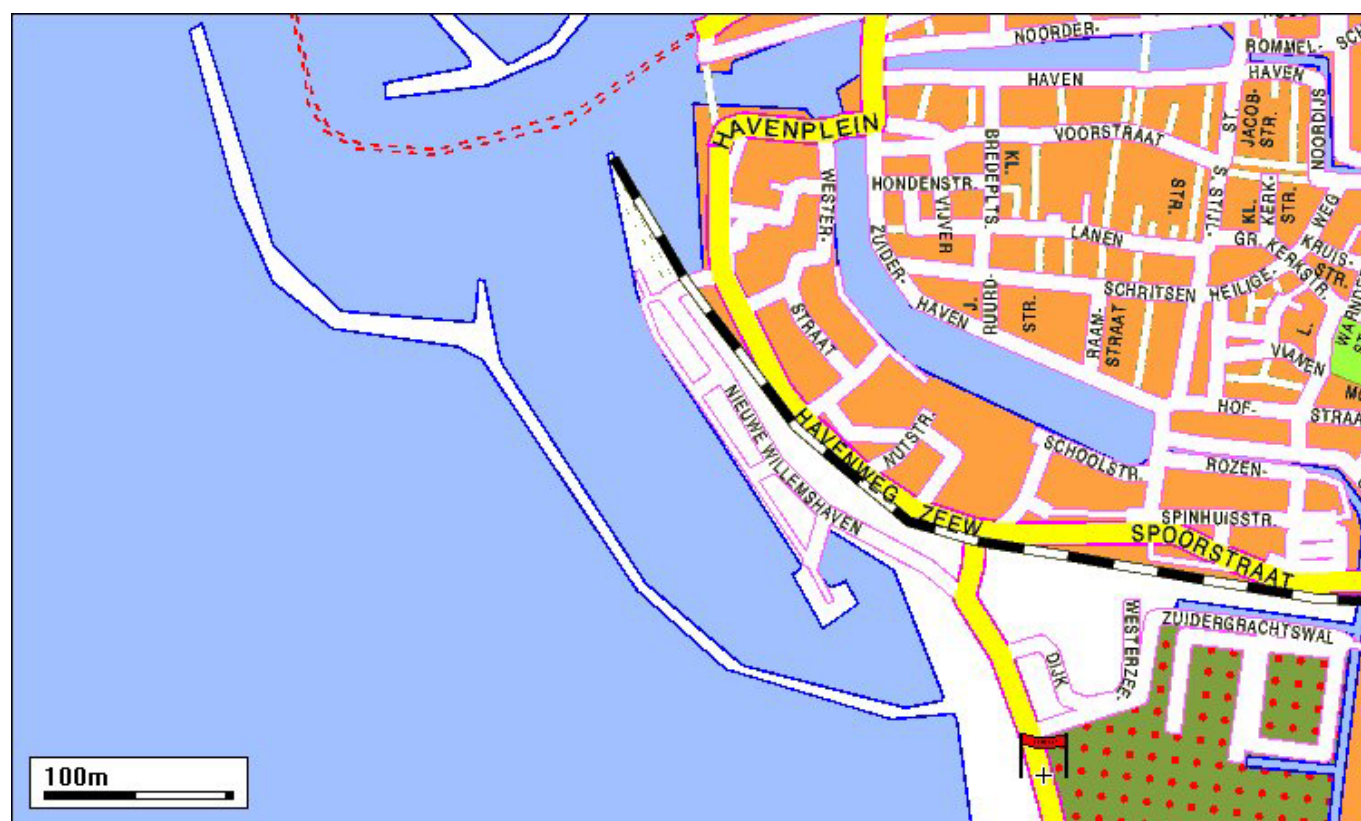


## 2.31 Sea race, ZV&PC De Vikings – Harlingen

|                              |                                                            |
|------------------------------|------------------------------------------------------------|
| Event date                   | Sunday 11 september 2005                                   |
| Inschrijven                  | 11.00 tot 13.00                                            |
| Event location               | Harlingen Harbour to beach                                 |
| Length/shape                 | loop of 2000 meter around the harbour head                 |
| Closing entries              | event day                                                  |
| Entry fee                    | € 6,00                                                     |
| Entry fee recreational event | € 6,00                                                     |
| Contact for organisation     | Miranda Nagel<br>Monnikenweg 34<br>8806 KZ ACHLUM          |
| Phone                        | +31517 64 17 99<br>+316 51 670 577                         |
| 2nd phone                    | Familie Van Bon                                            |
| Phone                        | +31517 57 99 53                                            |
| Phone during event           | +316 51 670 577                                            |
| E-mail                       | <a href="mailto:nailmail@hetnet.nl">nailmail@hetnet.nl</a> |



| programme                                       | start time |
|-------------------------------------------------|------------|
| 1. 2000m freestyle men youth and seniors        | 14.30      |
| 2. 2000m freestyle women youth and seniors      | 14.30      |
| 3. 2000m recreational event 15 years and older  | 14.35      |
| De victory ceremony after last swimmer finishes | 16.30      |



© 1999 Andes VSP Eindhoven

## 2.32 Grindmeren Open Water Event, Roermond

|                              |                                                                      |
|------------------------------|----------------------------------------------------------------------|
| Event date                   | Sunday 11 september 2005                                             |
| Event location               | Marina Oolderhuuske, Maasplassen, Roermond                           |
| Organisation                 | RZ, Roermond                                                         |
| Length/shape                 | straight line of 500 meter                                           |
| Closing entries              | Wednesday 7 September 2005                                           |
| Entry fee                    | € 4,50                                                               |
| Entry fee recreational event | € 3,50                                                               |
| Contact for organisation     | José Even                                                            |
| Phone                        | +31475 32 40 57                                                      |
| Entries                      | Mr. L. Schlicher<br>Kasteel Hornstraat 36<br>6043 JN ROERMOND        |
| Phone during event           | +316 20 373 879                                                      |
| E-mail                       | <a href="mailto:langebaan@rzroermond.nl">langebaan@rzroermond.nl</a> |
| Website                      | <a href="http://www.rzroermond.nl">http://www.rzroermond.nl</a>      |



| programme |                                                                                          | start time |
|-----------|------------------------------------------------------------------------------------------|------------|
| 1         | a/d 1000m breaststroke Masters men 25+, 35+, 45+, 55+                                    | 10.30      |
| 2         | a/d 1000m breaststroke Masters women 25+, 35+, 45+, 55+                                  | 10.35      |
| 3         | a/b 500m breaststroke boys juniors 1 and 2, 3 and 4                                      | 10.55      |
| 4         | 500m breaststroke girls juniors 1 and 2                                                  | 11.00      |
| 5         | 500m freestyle boys juniors 4, 5 and 6                                                   | 11.05      |
| 6         | 500m freestyle girls juniors 4, 5 and 6                                                  | 11.10      |
| 7         | 2000m freestyle men youth and seniors                                                    | 11.20      |
| 8         | 2000m freestyle women youth and seniors                                                  | 11.30      |
| 9         | a/b 1000m freestyle boys juniors 1 and 2, 3 and 4                                        | 12.25      |
| 10        | 1000m freestyle girls juniors 1 and 2                                                    | 12.30      |
| 11        | a/d 1000m freestyle Masters men 25+, 35+, 45+, 55+                                       | 12.45      |
| 12        | a/d 1000m freestyle Masters women 25+, 35+, 45+, 55+                                     | 12.50      |
| 13        | 2000m breaststroke men youth and seniors                                                 | 13.15      |
| 14        | 2000m breaststroke women youth and seniors                                               | 13.25      |
| 15        | 250m recreational event 6 years and older (6 & 7 years under supervision of swimmer 18+) | 14.25      |
| 16        | 500m recreational event 9 years and older                                                | 14.25      |
| 17        | 1000m recreational event 12 years and older                                              | 14.25      |



© 1999 Andes VSP Eindhoven